

Morecambe Bay

VISITOR GUIDE 2026

FREE



CELEBRATING ERIC MORECAMBE'S CENTENARY

EVENTS TRAVEL LOCATIONS
HISTORY HIDDEN GEMS OUTDOORS
NATURE EAT LOCAL PRODUCE



LANCASTER +
MORECAMBE BAY

eden
project

Contents



<p>4. Events List of events in Lancaster and the surrounding areas.</p> <p>10. Travel Info Are you... Planning a group trip? In the area with work? Studying here?</p> <p>11. Area Map Renowned for its natural beauty, The Bay is such a great place to explore.</p> <p>12. History Revealed Stroll through Lancashire or Cumbria and you'll find history on every corner.</p> <p>14. City Coast Countryside Morecambe Bay is the perfect place to discover and enjoy new experiences.</p>	<p>16. Festivals Fabulous festivals in Morecambe Bay! From music festivals to Vikings and Scarecrows to fantastic light displays.</p> <p>18. Outdoor Experiences When looking for adventure, Morecambe Bay is the best destination.</p> <p>20. Cycling Routes The district is proud of its extensive cycling network.</p> <p>21. Walking Around the Bay Explore Morecambe Bay by foot with one of these walking trails.</p> <p>22. Nature Reserve People flock to Morecambe for the spectacular wildlife.</p>	<p>24. Accommodation Hotels, B&B's, Self Catering, Caravan, Camping and Lodge Parks.</p> <p>32. Attractions There is loads to do, but if you are out of ideas you can find a few here.</p> <p>48. Local Produce Morecambe Bay and the surrounding areas are well known for quality produce.</p> <p>56. Local Charm Visit the stunningly picturesque villages and towns.</p> <p>58. High Street Affair Stroll through the local high streets for a huge selection of independent retailers.</p>	<p>THE COVER</p>  <p>Front cover image kindly supplied by Chas Jacobs www.chasjacobs.co.uk</p>
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APRIL

- All Year Guided Walks of Lancaster
www.trybooking.com/uk/eventlist/lancasterwalkstalkstours
- All Year Lancaster City Museums Children's Activities
www.lancaster.gov.uk/sites/museums
- April to October Lancaster City Museum Story Tours and Talks
www.lancaster.gov.uk/storytours
- April to October Pop Up Victorian Tea Room and Lunchtime Talks
www.lancashire.gov.uk/leisure-and-culture/museums/judges-lodgings
- 1st-12th Easter Trail
www.lancasterbid.org
- 12th Gresgarth Hall Garden Open Day
www.gresgarthhall.com
- Easter Fair
www.facebook.com/saltayreleisurecentre
- 14th Tom Houghton: Deep
www.lancastergrand.co.uk
- 14th-18th Daniel Blake
www.dukeslancaster.org
- 16th-19th Lancaster Comedy Fest
www.lancastercomedyfest.org
- 18th The Lune Day Music Festival
www.gregson.co.uk/events
- 21st-25th LADOS presents The Wizard of Oz
www.lancastergrand.co.uk
- 25th-26th Model Railway Exhibition
www.carnforthheritage.co.uk
- 25th Apr- Wray Scarecrow Festival
www.wray scarecrows.wordpress.com
- 4th May Zog
www.lancastergrand.co.uk
- 28th-29th Looking For Me Friend: The Music Of Victoria Wood
www.dukeslancaster.org

MAY

- May-July Lancaster Priory Foundations Appeal Summer Concerts
www.lancasterpriory.org
- Lancaster Food & Drink Festival (TBC)
www.lancasterbrewery.co.uk
- 1st Edwina Hayes
www.gregson.co.uk/events
- 3rd All Dayer
www.kanteena.co.uk
- 4th Dog Day
www.leightonhall.co.uk
- 7th Malin Lewis Trio
www.gregson.co.uk/events
- 8th Manchester Camerata
www.lancasterarts.org
- 10th Gresgarth Hall Garden Open Day
www.gresgarthhall.com
- 12th Lancaster Environment Lecture
www.litfest.org
- 15th An Evening with Toyah
www.lancastergrand.co.uk

- 16th DJ Yoda
www.kanteena.co.uk
- 17th Warton Stock Car Club
www.wartonscc.co.uk
- 20th Craig Revel Horwood
www.lancastergrand.co.uk
- 23rd-24th Lancaster Festa Italia (TBC)
www.facebook.com/LancasterFestaItalia
- 27th Broken Chords - Gig Theatre
www.gregson.co.uk/events
- 29th-30th Long Day's Journey Into Night
www.dukeslancaster.org

JUNE

- 1st An Audience with John Barnes
www.lancastergrand.co.uk
- 7th Porsche Day
www.leightonhall.co.uk
- 11th Ensemble Échappée: Sweet Dissonance
www.lancasterarts.org
- 12th Lancaster Day
www.lancasterbid.org
- 12th-14th Wild Roots Festival
www.lancasterbid.org
- 13th Moonlight Walk
www.stjohnshospicelancaster.enthuse.com
- 14th Gresgarth Hall Garden Open Day
www.gresgarthhall.com
- Lancaster Pride
www.facebook.com/Pridelancaster
- 16th Tennants Valuations Day
www.leightonhall.co.uk
- 19th-21st Comedy At The Castle
www.comedyatthecastle.co.uk/lancaster
- 19th-27th Lancaster Footlights: The Lion, The Witch and The Wardrobe
www.lancastergrand.co.uk
- 20th Haffner Orchestra Concert
www.haffnerorchestra.org
- 29th Jun- Dino Trail
www.lancasterbid.org
- 19th Jul- Carnforth 1940s Weekend
www.refreshmentroom.com

JULY

- 3rd-4th Indie Weekend
www.lancasterbid.org
- 11th-12th Dino Fest
www.lancasterbid.org
- 12th Classic Performance & Motor Show
www.leightonhall.co.uk
- Gresgarth Hall Garden Open Day
www.gresgarthhall.com
- 15th Kings Men
www.lancasterpriory.org
- 17th Jul- Robin Hood Walkabout Theatre in Williamson Park
www.dukeslancaster.org
- 23rd Aug Shakespeare in the Garden: The Comedy of Errors
www.leightonhall.co.uk

- 26th Motorcycle Hill Climb
www.leightonhall.co.uk
- 26th An Audience with Mick Miller
www.lancastergrand.co.uk

AUGUST

- 4th Tennants Valuations Day
www.leightonhall.co.uk
- 9th Gresgarth Hall Garden Open Day
www.gresgarthhall.com
- 13th Pictish Trail - Full Band
www.gregson.co.uk/events
- 16th Kirkby Lonsdale Motoring Club Car Rally
www.leightonhall.co.uk
- 18th-22nd Lancaster Arts Festival
www.lancasterbid.org
- 22nd-23rd Model Railway Exhibition
www.carnforthheritage.co.uk
- 22nd-29th Lancaster Art Fair
www.lancaster.gov.uk/sites/the-storey
- 26th Michael Prewitt - Bluegrass
www.gregson.co.uk/events
- 29th Escape to Make Heritage Festival
www.escape2make.org
- 31st Warton Stock Car Club
www.wartonscc.co.uk

SEPTEMBER

- 4th Sound Historical
www.lancasterpriory.org
- 4th-6th & 11th-13th Lunesdale Open Studio Arts Trail
www.lunesdalearts.co.uk
- 5th & 6th Mourholme Local History Weekend
www.leightonhall.co.uk
- 7th-13th Love Lancaster Food and Drink Week
www.lancasterbid.org
- 9th-13th Lancaster Jazz Festival
www.lancasterjazz.com
- 11th-13th Lancaster Priory Festival of Song
www.lancasterpriory.org
- 11th-20th Heritage Open Days
www.heritageopendays.org.uk
- 12th Millfest
www.haltonmill.org.uk
- 13th Gresgarth Hall Garden Open Day
www.gresgarthhall.com
- 23rd John Kearns: Tilting at Windmills
www.lancastergrand.co.uk
- 26th Laura Smyth: Born Aggy
www.dukeslancaster.org
- 27th Autumn Artisan Fair-Ashton Memorial
www.facebook.com/allocationsevents1
- 30th-4th Oct Iron
www.dukeslancaster.org

OCTOBER

- 1st Tennants Valuations Day
www.leightonhall.co.uk
- 11th Gresgarth Hall Garden Open Day
www.gresgarthhall.com
- 8th-11th Lancaster Music Festival
www.lancastermusicfestival.com

- 16th-18th Lancaster Litfest
www.litfest.org
- 18th Apple Day
www.leightonhall.co.uk
- 19th-31st Halloween Trail
www.lancasterbid.org
- 23rd Superstar: A Musical Evening with Ben Forster
www.lancastergrand.co.uk

NOVEMBER

- 5th-7th Light Up Lancaster: (TBC)
www.lightuplancaster.co.uk
- 8th Gresgarth Hall Garden Open Day
www.gresgarthhall.com
- 12th-30th Karel Klic Exhibition
www.lancaster.gov.uk/sites/the-storey/what-s-on
- 20th Nov- Lancaster On Ice
3rd Jan www.lancasteronice.co.uk
- 21st Nov- Cinderella
31st Dec www.dukeslancaster.org
- 27th Lancashire Day
www.forl.co.uk/lancashire-day
- 28th Nov- Christmas Trail
3rd Jan www.lancasterbid.org
- 28th Nov- Robin Hood: Family Panto
28th Dec www.lancastergrand.co.uk

- 29th Indoor Christmas Market – Salt Ayre
www.facebook.com/allocationsevents1
- Lancaster Christmas Lights Switch On
www.lancasterbid.org

DECEMBER

- Ingleborough Cave Santa's Grotto (TBC)
www.ingleboroughcave.co.uk/santas-grotto
- 2nd CancerCare Christmas Fair
www.leightonhall.co.uk
- 3rd Evening Christmas Market - Ashton Memorial
www.facebook.com/allocationsevents1
- 3rd-12th King Street Arts Fair
www.kingstreetstudios.art
- 4th-6th Lancaster Castle Christmas Market
www.lancastercastle.com
- 6th Victorian Christmas
www.lancasterbid.org
- 6th, 13th & 17th Santa's Grotto On A Bus
www.lancasterbid.org
- 13th Winter Wonderland
www.lancasterbid.org
- 17th Lancaster's Big Thursday
www.lancasterbid.org
- 19th Christmas By Candlelight
www.lancasterpriory.org



The Morecambe Bay Area has a fantastic range of holiday accommodation from award-winning hotels, family B&Bs, self catering flats, cosy pubs great value caravan and camping sites, budget university rooms to glorious glamping.
See pages 24-31

LANCASTER WALKS, TALKS & TOURS

Operated by Blue Badge Tourist Guide, Gregory Wright, we are an independent travel & tourism company, offering a wide range of guided walks, illustrated talks and coach tour commentaries, exploring the rich history of the north of England. With over 30 years of experience in the world of heritage & tourism, we love to share our enthusiasm for the past! Explore the gems of the Lancaster & Morecambe district, and the wider north west of England, with an award-winning professional tour guide.

Please follow our Linktree page for more information on our public & private events offers or feel free to drop us a line or give us a ring!

☎ 07983 146 943 ✉ lancasterwalkstalkstours@gmail.com

🌐 https://linktr.ee/lancasterguide

Recent Awards
2025 Tripadvisor Travellers' Choice Award
2025 Lancaster BID Awards Ambassador of the Year
2026 Lancashire Tourism Awards Experience of the Year - Finalist

APRIL

- 30th Mar- Half-term holiday activities
- 10th Apr www.happymountpark.co.uk
- 4th Easter Extravaganza Family Fun Day Afternoon Tea Party with Alice in Wonderland www.happymountpark.co.uk
- 5th-6th Comic Con www.lancaster.gov.uk/sites/the-platform
- 10th Justin Moorhouse www.lancaster.gov.uk/sites/the-platform
- 10th-12th Prom Fest www.promfestmorecambe.co.uk
- 11th Odyssey Pro Wrestling www.alhambraalive.com
- 24th Simon Evans www.morecambewintergardens.com

MAY

- 2nd-4th Heysham Village Food & Drink Festival www.facebook.com/HeyshamNeighbourhoodCommunity
- 3rd Morecambe Springtime Market www.lancaster.gov.uk/sites/the-platform
- 9th Ubunye www.moremusic.org.uk
- 12th Eric Morecambe Centenary Exhibition Opens www.morecambeheritage.co.uk
- 14th Eric Morecambe Centenary - Born on this date 1926 www.baytourism.co.uk/events
Morecambe Heritage Centre
Our Very Own Eric for the Day www.morecambeheritage.co.uk
- 16th-17th Eric Morecambe Centenary Weekend Celebrations www.morecambewintergardens.com
- 17th Promenade Concert Orchestra www.lancaster.gov.uk/sites/the-platform
Morecambe Vintage Bus Day www.rvpt.co.uk
Heysham Village Vintage Day www.facebook.com/HeyshamNeighbourhoodCommunity
- 23rd The Great Morecambe Teddy Drop www.happymountpark.co.uk
- 29th Hi-On Maiden - UK Tour 2026 www.lancaster.gov.uk/sites/the-platform
- 30th Morecambe Pride www.facebook.com/morecambepride

JUNE

- 6th Odyssey Pro Wrestling www.alhambraalive.com
- 6th-7th A Splendid Day Out Victorian Steampunk Festival www.facebook.com/asplendiddayout
- 12th Adam Fairhall & Johnny Hunter www.moremusic.org.uk

- 13th Barefest www.facebook.com/BareVillage
- 13th-14th Morecambe Bay Art Fair www.morecambewintergardens.com
- 19th Tiny Tim www.lancaster.gov.uk/sites/the-platform
- 19th-21st Lancaster & Morecambe District Armed Forces Weekend www.facebook.com/MorecambeArmedForcesDay
- 20th Lancaster & Morecambe District Armed Forces Day www.facebook.com/MorecambeArmedForcesDay
- 25th The Upbeat Beatles www.lancaster.gov.uk/sites/the-platform
- 27th Three Degrees Festival www.moremusic.org.uk
Summer Serenade - St John's Hospice Choir www.morecambewintergardens.com
- 27th & 28th The Normans Are Coming www.happymountpark.co.uk

JULY

- Kite Festival (TBC) www.baytourism.co.uk/events
- 4th All The Right Notes: a brass band tribute to Morecambe and Wise www.lancaster.gov.uk/sites/the-platform
- 9th-12th Morecambe Music Festival www.morecambemusicfestival.uk
- 18th-19th Heysham Viking Festival www.heyshamvikingfestival.co.uk
- 19th Monsters of UK Rock www.alhambraalive.com
- 21st Jul- Morecambe Film & TV Festival
- 9th Aug www.facebook.com/morecambefringe
- 25th Jul- Morecambe Bay Fringe
- 9th Aug www.facebook.com/morecambefringe

AUGUST

- 1st Morecambe Summer Market www.lancaster.gov.uk/sites/the-platform
- 8th Odyssey Pro Wrestling www.alhambraalive.com
The Enchanted Kingdom Adventure www.happymountpark.co.uk
- 18th-20th Morecambe Poetry Festival www.facebook.com/p/Morecambe-Poetry-Festival-100082955481461
- 29th-30th Heyshambury www.theroyalheysham.co.uk

SEPTEMBER

- 7th-11th Morecambe Bay Golf Festival www.morecambeygolfestival.com
- 18th-20th Morecambe Poetry Festival www.facebook.com
- 25th Peter Cox of Go West www.lancaster.gov.uk/sites/the-platform

OCTOBER

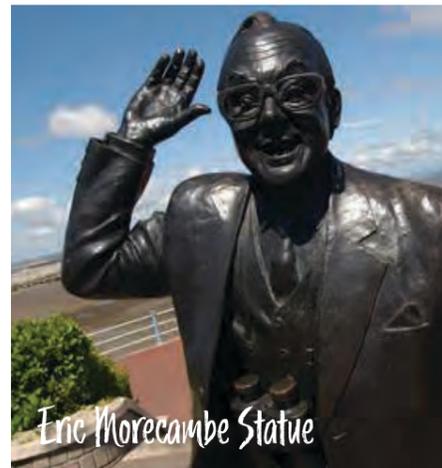
- 4th Crash Test Dummies www.morecambewintergardens.com
- 10th Odyssey Pro Wrestling www.alhambraalive.com
- 11th The Dualers www.alhambraalive.com

NOVEMBER

- 13th-15th Morecambe Punk Festival www.morecambepunkfestival.com
- 28th Odyssey Pro Wrestling www.alhambraalive.com
Christmas on The Crescent www.facebook.com/BareVillage

DECEMBER

- 5th West End Winter Lantern Festival www.moremusic.org.uk
- 6th Christmas Market www.lancaster.gov.uk/sites/the-platform
- 11th Lindisfarne www.lancaster.gov.uk/sites/the-platform



FOR MORE EVENTS IN MORECAMBE BAY SEE OUR WEBSITE WWW.BAYTOURISM.CO.UK/EVENTS
FOLLOW US ON FACEBOOK WWW.FACEBOOK.COM/BAYTOURISM

APRIL

- Apr-Oct Lancaster Canal Boat Cruises www.kingfishercruises.co.uk/all-cruises
- 11th Lancashire Hawks and Owls www.bartongrange.co.uk
- 15th Adele Hometown Glory Candlelight Concert www.marinehall.co.uk
- 30th Calling Planet Earth www.marinehall.co.uk

MAY

- 2nd-10th Garstang Walking Festival www.wyre.gov.uk/garstangwalkingfestival
- 8th Bryan Adams Experience www.marinehall.co.uk
- 9th-10th UK Truck and Tractor Pull - Scorton www.uktractorpull.co.uk
- 15th The Real Thing www.marinehall.co.uk
- 27th Megaslam Wrestling www.marinehall.co.uk

JUNE

- 7th Cleveleys Car Show www.discoverwyre.co.uk/events
- 20th Johnny Cash Roadshow www.marinehall.co.uk



Bowland

- All Year Forest of Bowland National Landscape Events www.forestofbowland.com/festival-bowland

MAY

- 3rd Clitheroe Live - www.clitheroelive.co.uk
- 15th Peatbog Faeries www.thegrandvenue.co.uk/whats-on
- 14th-16th Clitheroe Beer Festival www.clitheroebeerfestival.co.uk
- 23rd-25th Chipping Steam Fair www.chippingsteamfair.com

JUNE

- 13th Absolute Bowie www.thegrandvenue.co.uk/whats-on
- 13th-14th Slaidburn Steam & Vintage Vehicle Display www.slaidburnsteam.co.uk

- 21st Fleetwood Dragon Boat Extravaganza www.discoverwyre.co.uk/events

JULY

- 3rd-5th Garstang Scarecrow Festival www.facebook.com/garstangscarecrowfestival
- 9th-10th Wyre Golf Festival www.fleetwoodgolf.co.uk
- 18th-19th Great Ecclestone Show www.greatecclestone.com
- 19th Fleetwood Community Comic Con www.marinehall.co.uk
- 19th Fleetwood Festival of Transport-Tram Sunday www.tramsunday.co.uk
- 25th Wanderland-Wyre's Family Festival www.wyre.gov.uk/wanderland

AUGUST

- 1st Garstang Show www.garstangshow.org

SEPTEMBER

- 6th Focus www.marinehall.co.uk
- 12th-13th Lancashire Game and Country Festival, Scorton www.lancashiregamefestival.co.uk
- 6th Showaddywaddy www.marinehall.co.uk

OCTOBER

- 22nd China Crisis www.marinehall.co.uk

DECEMBER

- 27th-31st Jack and the Beanstalk www.marinehall.co.uk

- 27th Love Clitheroe; Live at the Castle www.thegrandvenue.co.uk/events/live-at-the-castle

JULY

- 3rd-5th Royal Lancashire Show (Salesbury Hall) www.royallancashireshow.co.uk
- 11th Longridge Show www.glashow.org
- 16th-19th Beat Herder Festival www.beatherder.co.uk
- 24th-26th SeekOut Festival www.seekoutfestival.co.uk

OCTOBER

- 9th Walter Trout www.thegrandvenue.co.uk/whats-on
- 18th Artwalk Clitheroe www.rvarts.co.uk/artwalk-clitheroe



THEATRES

The Platform
www.lancaster.gov.uk/sites/the-platform
01524 582803

Lancaster Grand
www.lancastergrand.co.uk
01524 64695

The Dukes
www.dukeslancaster.org
01524 598500

Lancaster Arts
www.lancasterarts.org
01524 594151

Barrow Town Hall
www.theforumbarrow.co.uk
01229 820000

Heron Theatre
www.theherontheatre.com
015395 64283

Brewery Arts Centre
www.breweryarts.co.uk
01539 725133

The Victoria Wood Theatre
www.victoriawoodtheatre.com
015394 40872

The Coro
www.thecoro.co.uk
01229 588994

Marine Hall
www.marinehall.co.uk
01253 887693

Alhambra Live
www.alhambraalive.com

Morecambe Winter Gardens
www.morecambewintergardens.com
01524 409009



APRIL

- 1st Easter Rangers
www.wildlifeoasis.co.uk
- 3rd Good Friday Special
www.heronmill.org
- 10th The Mad Hatter's Tea Party
www.theherontheatre.com
- 11th Wonderland Late Night Opening
www.wildlifeoasis.co.uk
- 18th Barrow Does Comics
www.barrowbid.co.uk
- 25th-26th Cross Bay Walk
www.guideoversands.co.uk
- 26th PromArt- Grange-over-Sands
www.promart.info

MAY

- 1st-3rd Printfest
www.thecoro.co.uk
- 4th Caveman Day
www.wildlifeoasis.co.uk
- 9th National Mills Weekend Open Day
www.heronmill.org
Simon Reeve
www.thecoro.co.uk
- 9th,10th, 23rd, 24th Cross Bay Walk
www.guideoversands.co.uk
- 13th Craig Revel Horwood
www.thecoro.co.uk
- 15th-17th South Lakes Live
www.tickettailor.com/events/southlakeslive/1993880
- 16th Dino Day
www.visitbarrow.org.uk
- 16th-17th Ulverston Mud fest Ford Park
www.mud-fest.co.uk
- 23rd The Jungle Book
www.thecoro.co.uk
- 23rd, 25th Cartmel Races
& 27th www.cartmel-racecourse.co.uk
- 26th-28th May Rangers
www.wildlifeoasis.co.uk
- 30th-31st Crooklands Country Fest
www.westmorlandshow.co.uk/
whats-on/country-fest
- 29th May- Ulverston International Music Festival
6th Jun www.ulverstonmusicfestival.co.uk
- 29th-31st Velo Retro-Ulverston
www.veloretro.co.uk
- 30th-31st Retro Rendezvous- Ulverston
www.retrorendezvous.co.uk
- 31st PromArt- Grange-over-Sands
www.promart.info

JUNE

- 6th, 7th, 20th, 21st Cross Bay Walk
www.guideoversands.co.uk
- 7th, 14th, 21st, 28th Zookeeping Course
www.wildlifeoasis.co.uk
- 12th-14th The Lake District Book Festival-Cartmel
www.lakedistrictbookfestival.co.uk

- 12th RLPO – Farewell London
www.theforumbarrow.co.uk/events
- 13th Logan Paul Murphy- Stripped
www.theforumbarrow.co.uk/events
- 18th Abba Mia
www.thecoro.co.uk
- 20th-21st Another Fine Fest
www.ulverston.com/event/
another-fine-fest-2026
- 21st-23rd The Tiger Who Came To Tea
www.thecoro.co.uk
- 26th Cartmel Races
& 28th www.cartmel-racecourse.co.uk
- 28th Tour De Furness
www.tourdefurness.co.uk
- 28th PromArt- Grange-over-Sands
www.promart.info

JULY

- 4th Cross Bay Half-Marathon
www.trybooking.com/uk/FUNK
- 5th Zookeeping course
&12th www.wildlifeoasis.co.uk
- 11th, 12th, 25th, 26th Cross Bay Walk
www.guideoversands.co.uk
- 18th Festival of Transport
www.festivaloftransport.co.uk
- 18th Cartmel Races
& 20th www.cartmel-racecourse.co.uk
- 20th-22nd Summer Rangers
27th-29th www.wildlifeoasis.co.uk
- 25th-26th Cumbria Steam Gathering
www.steamgathering.org.uk
- 26th PromArt- Grange-over-Sands
www.promart.info

AUGUST

- 3rd-5th, 10th-12th, 17th-19th & 24th-26th Summer Rangers
www.wildlifeoasis.co.uk
- 5th Cartmel Show
www.cartmelagriculturalsociety.org.uk
- 8th Summer Markets
www.wildlifeoasis.co.uk
- 8th, 9th, 22nd, 23rd Cross Bay Walk
www.guideoversands.co.uk
- 15th Soapbox Derby
www.visitbarrow.org.uk
- 28th Scouting for Girls
www.thecoro.co.uk
- 29th Cartmel Races
& 31st www.cartmel-racecourse.co.uk
- 30th PromArt- Grange-over-Sands
www.promart.info

SEPTEMBER

- 5th Furness Abbey Medieval Fair
www.furnessabbeyfellowship.org
- 6th, 13th, 20th, 27th Zookeeping Course
www.wildlifeoasis.co.uk
- 9th-10th Westmorland County Show
www.westmorlandshow.co.uk

- 27th Kendal Torchlight Carnival
www.kendaltorchlightcarnival.co.uk
- PromArt- Grange-over-Sands
www.promart.info
- 30th Kerry Ellis
www.thecoro.co.uk

OCTOBER

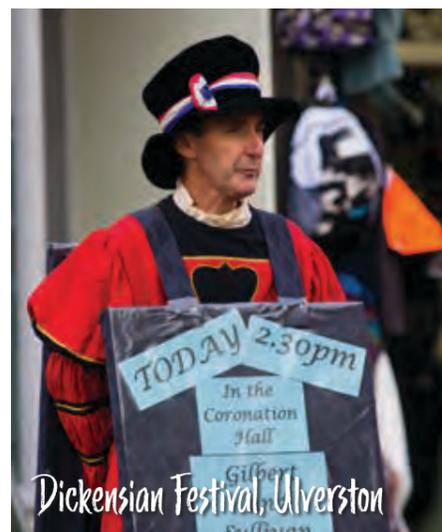
- 4th & 11th Zookeeping Course
www.wildlifeoasis.co.uk
- 16th Brian Bilston
www.thecoro.co.uk
- 26th-28th Halloween Rangers
www.wildlifeoasis.co.uk
- 30th Boo at the Zoo - Late Night Opening
www.wildlifeoasis.co.uk

NOVEMBER

- 5th Russell Watson
www.thecoro.co.uk
- 28th Festive Winter Markets
www.wildlifeoasis.co.uk
- 28th-29th Ulverston Dickensian
Christmas Festival
www.dickensianfestival.co.uk

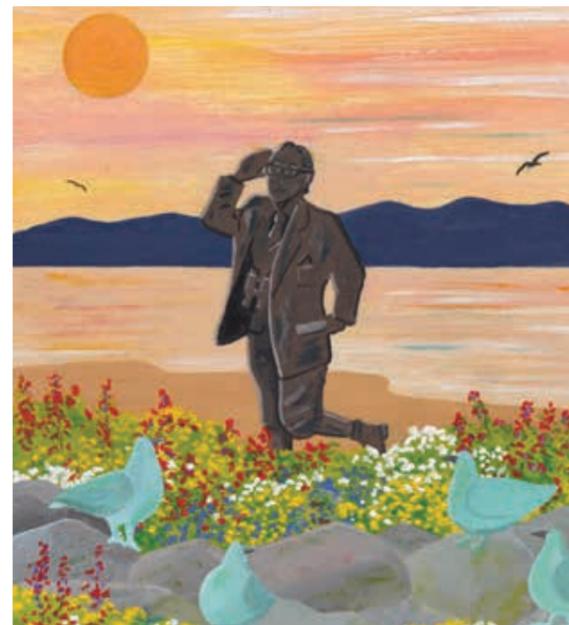
DECEMBER

- 4th-6th Kirkby Lonsdale Christmas Fair
www.kirkbylonsdale.co.uk
- 12th, 13th, 19th, 20th, 23rd & 24th
Magical Santa Experience
www.wildlifeoasis.co.uk



All details are believed to be correct at time of going to press and neither the publishers, or any other organisation involved in the production of this guide accept any responsibility for errors, or omissions. Readers are also advised to check times and offers in advance with the relevant advertisers, events or venues, before travelling.

Front cover image 'Eric at Sunset' kindly supplied by local artist Chas Jacobs



You can order prints from www.chasjacobs.co.uk

This Morecambe Bay Visitor Guide has been compiled by Bay Tourism Association. We are all unpaid volunteers and we have an independent voice across the Morecambe Bay region. Representatives from Lancaster City Council and Marketing Lancashire, also sit on our board.

Essentially, Bay Tourism Association is an independent and comprehensive one-stop contact organisation for all matters relating to the visitor economy. We attend many shows and events throughout the year promoting the area across the UK.

For more information on becoming a member, or how you can get involved, please email secretary@baytourism.co.uk



FREE Mobility Vehicle hire

Three stunning locations:

- Grange-over-Sands
- Sunderland Point
- RSPB Leighton Moss

Mobility scooters & off-road Trampers available free of charge

"I cannot begin to express how good it felt to be able to enjoy the views and share this with my son"

Easy to control, with bespoke induction for all users.

A great day out with family and friends, or just enjoy the pleasure of the fresh air and spectacular views around Morecambe Bay.



Booking essential: waysaroundthebay.org.uk T: 015395 55439

Registered Charity No. 1173489

How To Get Here

BY ROAD



Lancaster - Is served by Junction 34 of the M6 which provides immediate access to Lancaster and onwards to Morecambe and the coastline. Junction 33 is ideal for South Lancaster and Lancaster University.

Morecambe - Is easily reached from Junction 34 (Park and Ride) and the Bay Gateway, with only 3 miles between Lancaster and Morecambe. From the North, Junction 35 also provides an ideal route passing through Carnforth.

The Lune Valley & Forest of Bowland National Landscape - Is served by Junction 34 with immediate access to the villages at the heart of The Lune Valley. From the North, Junction 35 provides ideal access to Carnforth, the western edge of the valley.

Furness Peninsula - leave the M6 at Junction 36 signposted Barrow A590. After approximately 3 miles, take the junction on the left signposted Barrow-in-Furness. Follow signs into Barrow.

Fleetwood - At Junction 32 from the M6, take the M55 until approaching a roundabout, the A585 being the first exit. Follow until junction, turning left down Garstang New Road, follow through Thornton-Cleveleys to Fleetwood.

BY PUBLIC TRANSPORT



By Train - Lancaster Railway Station is served by the mainline operator Avanti with regular direct mainline services to London & South and Glasgow & North. Local services include regular service to Morecambe, Heysham, Carnforth, Arnsdale, Furness Peninsula and Silverdale. Use either Preston or Lancaster Railway Station, for Garstang and the Villages of Over Wyre, with connections to Blackpool North for Poulton-Le-Fylde, Thornton-Cleveleys and Fleetwood.

The Furness Line, runs from Barrow-in-Furness to Ulverston and Grange-over-Sands, connecting with the West Coast Main Line at Carnforth. Along with the Cumbrian Coast Line, which runs north from Barrow to Carlisle, it is considered one of the most scenic routes in England.

The Bentham Line (Leeds to Lancaster & Morecambe) often referred to as the 'Little North Western' is a gem of a line. Crossing three rivers, the Lune, Wenning and Ribble, the line is very picturesque with excellent views to the Dales, Ingleborough and towards the Forest of Bowland.

For more information call National Rail Enquiries on 03457 484950 or visit nationalrail.co.uk

BY BUS & COACH



Lancaster Bus Station is a major interchange where national, regional and local connections are available. There are direct bus services to Morecambe & Heysham, Lancaster University, Carnforth, Lake District, Lune Valley, Yorkshire Dales, Preston, Blackpool and Wyre. Major operators are Stagecoach, Lonsdale Coaches and National Express.

For more information call Traveline on 0871 200 2233 or visit traveline.info

BAY GATEWAY

The Bay Gateway is the favoured connection from the Heysham and Morecambe peninsula to Junction 34 of the M6 and consists of 3 miles of dual carriageway with a footpath and cycleway along the entire route.

The Bay Gateway has made access to Morecambe, Lancaster and the Port of Heysham much easier, as well as reducing travelling times.



PHOTO BY TONY WEST

Want More Information?

Further information to help you once you've arrived is available from www.lancasterandmorecambebay.com. This includes a comprehensive visitor guide, street maps and more.

Not Here On Leisure?

There are lots of reasons why people visit Morecambe Bay. Are you... Planning a group trip? In the area with work? Studying here? Visiting friends and relatives?

Bay Tourism Association can offer suggested itineraries for Group Tour Organisers. To take advantage of this service, contact the Bay Tourism Association.

Area Map



Map courtesy of Lancaster City Council

WITH ITS FAMED SUNSETS, DISTINCTIVE HERITAGE AND AREAS OF NATURAL BEAUTY MORECAMBE BAY IS A WONDERFUL PLACE TO EXPLORE.

Morecambe Bay combs round from Barrow in Furness in Cumbria right down to Fleetwood, Lancashire, including some eye catching areas in the South Lakes along route.

Here you can explore remarkable coastal towns such as Ulverston, Grange Over Sands, Arnsdale and Silverdale, along with Morecambe, Heysham, Glasson Dock, Pilling and Knott End, alongside many others, with each area offering its visitors a jaw-dropping range of views across the Bay.

Wherever you choose to visit around the spectacular Morecambe Bay, you're sure to be welcomed by a warm and friendly face, as well as a diverse number of experiences for young and old alike.

You can enjoy the peace and tranquility of the nature here, coupled with some amazing scenery, as well as gaze away the hours in one of the many fabulous restaurants and local pubs that the area has to offer.

Whilst in the area, why not go along to one of the hundreds of events held around the area each year, including the unique guided walks across the Bay, or one of the many attractions on offer here?

All of which blends together seamlessly to make Morecambe Bay the ideal holiday destination and the perfect base to explore the nearby Lake District, Bowland Fells and seaside resort of Blackpool.

History Revealed

The Morecambe Bay area is steeped in history with a treasure trove of landmarks and attractions each with a unique story to tell. Don't miss out on the chance to learn, wonder and immerse yourself in history.



Lancaster Castle

PHOTO BY DAN TIERNEY

LANCASTER CASTLE

Lancaster Castle's origins date back almost 1,000 years. This magnificent Grade 1 Listed building has been described by English Heritage as "not only the North-West's most important historic and archaeological monument but also of international importance". Owned by the Duchy of Lancaster the castle has witnessed scenes of significant historical, cultural and political impact throughout the centuries. Until 2011 it was a fully functioning HM Prison and today offers a glimpse into Lancaster's often dark past, through award-winning guided tours and special events. His Majesty the King Charles III, Duke of Lancaster, visited the castle in 2025 participating in the ancient and traditional Ceremony of the Keys.

LANCASTER PRIORY

The 15th Century Grade 1 listed Lancaster Priory and Parish Church stands adjacent to Lancaster Castle on a site which has seen Christian worship since Saxon times. It is of huge historical and archaeological importance and is one of the most frequently visited parish churches in the North West. Lancaster Priory is the Mother Church of the City of Lancaster, and is well known and respected throughout Lancashire and beyond as a place of excellence for its music tradition.

LANCASTER MARITIME MUSEUM

Lancaster Maritime Museum occupies two historic buildings on St George's Quay, the city's main 18th century harbour. Discover the story of Lancaster and Morecambe's relationship with the ocean, the challenging lives of those living and working in the places between land and sea, and how our inland waterways have shaped our lives, work, and leisure. We uncover the dark legacy that the transatlantic slave trade has left in this proud, historic city and show how the quay where the museum stands was once a bustling place of trade and commerce from all over the world. Open Mon, Fri, Sat & Sun afternoons.

LANCASTER COTTAGE MUSEUM

The Cottage Museum (Open Saturday afternoons during the summer season) is part of a 1739 house, subdivided in about 1820 and now furnished to evoke a humble yet comfortable artisan's house. The museum provides an intimate glimpse of ordinary life in a tiny and intriguing 18th century cottage at the heart of historic Lancaster.



LEIGHTON HALL

Standing majestically against the breathtaking backdrop of the Lakeland hills, Leighton Hall is the lived-in ancestral home of the world-renowned Gillow furniture family. Guided tours are informal and entertaining with no roped-off areas. Discover the history of the hall and how it has changed in appearance and size over almost 800 years. Open seasonally. www.leightonhall.co.uk.

LANCASTER CITY MUSEUM

The City Museum is housed in Lancaster's former Town Hall, an elegant Georgian building constructed in 1781-83. The museum itself was founded in 1923 and its collections illustrate the history and archaeology of the city of Lancaster. It is also home to the King's Own Royal Regiment Museum. Regularly changing exhibitions, events and activities for families. Open Mon, Tues, Fri, Sat & Sun.

JUDGES' LODGINGS

The Judges' Lodgings is Lancaster's oldest town house built around 1625 by Thomas Covell, Keeper of Lancaster Castle, who imprisoned the Pendle Witches during the infamous witch trials of 1612. Today the Grade 1 listed building is home to beautiful Georgian furniture by Gillows of Lancaster, elegant period rooms and the popular Museum of Childhood. Open April to November. Check website for Winter opening hours. www.lancashire.gov.uk/leisure-and-culture/museums/judges-lodgings

LANCASTER CATHEDRAL

Lancaster Cathedral is a neo-Gothic Roman Catholic cathedral which was consecrated in 1859 as a parish church and became the cathedral for the new Diocese of Lancaster in 1924. Designed by Lancaster architect Edward Paley, the Grade II listed building serves as the mother church for Catholics between Preston and Carlisle. Renowned for its 240-foot steeple, the cathedral is usually open daily to the public and is an active city centre parish church, being a place of prayer and worship.

HOLKER HALL

A privately owned country house close to the beautiful village of Cartmel. Once described as 'the grandest building of its date', the house stands in an estate of 80 hectares, surrounded by formal gardens, parkland and woodland. There are many events and activities throughout the year, and the house, café and local produce shop are open to visitors.

CARTMEL PRIORY

Steeped in culture and rich with history, Cartmel Priory is in the heart of Cartmel village. Founded in 1190 the Priory has witnessed war, peace, raids and ruin, but remains a building of greatness and enduring beauty. Marvel at the ancient architecture, discover hidden mysteries within its motifs and carvings or sit and absorb the Priory's peaceful atmosphere. A story 800 years in the writing, still being written today.

DALTON CASTLE

Dalton Castle is a Grade 1 listed 14th century peel tower situated in Dalton-in-Furness. It was constructed by the monks of Furness Abbey for the protection of the nearby market town and was the building from which the Abbot administered the area and dispensed justice.

FURNESS ABBEY

Furness Abbey is a former monastery located in the northern outskirts of Barrow-in-Furness. The Abbey dates back to 1123 and is built entirely out of local sandstone. The majority of the current ruins date from the 12th and 13th centuries. By the 15th century it had been completely remodelled and had become the second richest and most powerful – as well as one of the grandest Cistercian Abbeys in England.

SIR JOHN BARROW MONUMENT

Known locally as The Hoad, the monument is a 100ft tower near Ulverston. It was erected in 1850 and commemorates Sir John Barrow, the founder member of the Royal Geographic Society. While the monument was designed to resemble a lighthouse, it has never had a functional light! It is a Grade II listed building and stands as one of the iconic symbols of the Furness Coastline.

CONISHEAD PRIORY

Historic Conishead Priory is home to Manjushri Kadampa Meditation Centre, one of the largest Buddhist communities in Europe. There is a Cafe with indoor and outdoor seating and guided tours are available.

SKIPTON CASTLE

From Morecambe Bay take a scenic drive or train journey to Skipton Castle. Dating back over 900 years Skipton Castle is one of the most complete and best-preserved medieval castles in Northern England. View the Banqueting Hall, the Kitchen, the Bedchamber and Privy. Climb from the depths of the Dungeon to the top storey of the Watch Tower.

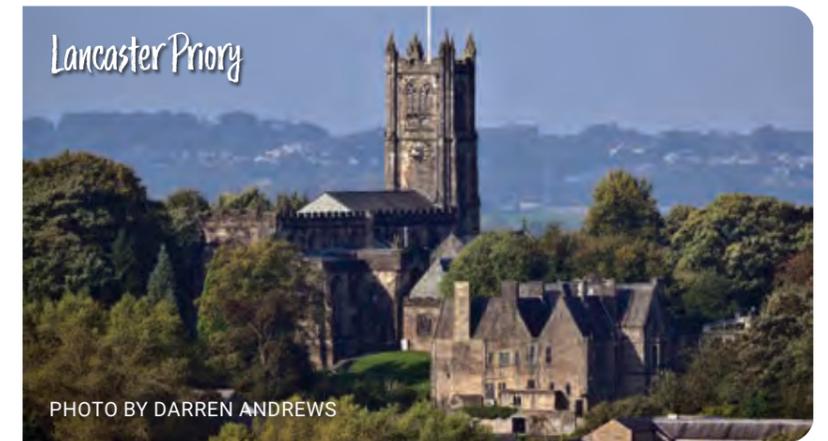


PHOTO BY DARREN ANDREWS



PHOTO BY DARREN ANDREWS



PHOTO BY JON SPARKS

City Coast Countryside

With golden sandy beaches, stunning views, historic buildings and glorious countryside Morecambe Bay is the perfect place to discover and enjoy new experiences, as well as taking time out for some well needed relaxation.

LANCASTER

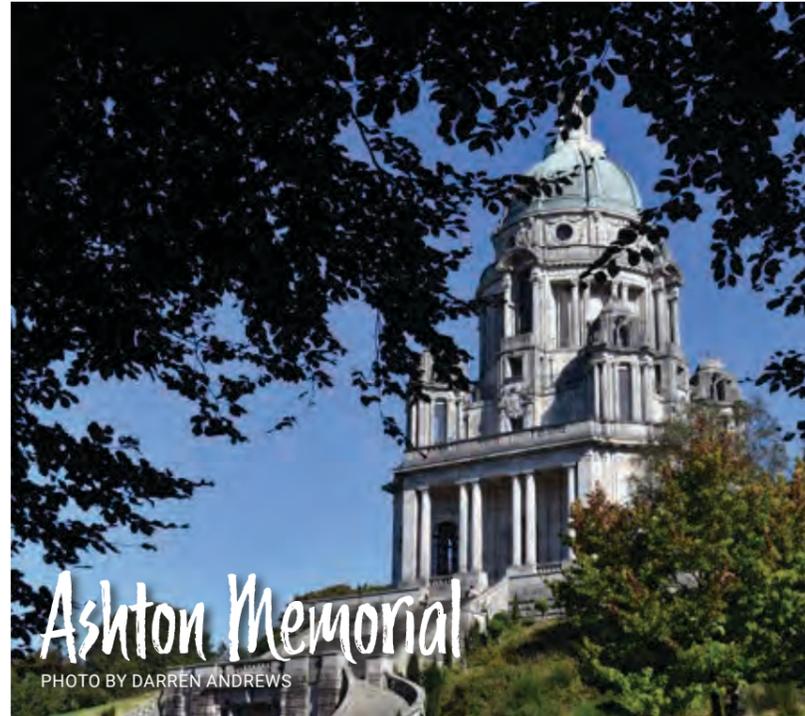
Lancaster is a cosmopolitan and vibrant university city with a rich cultural and artistic life. Cobbled streets and squares house quirky independent shops, stylish hotels and galleries with a wide choice of great cafes, coffee shops, pubs and restaurants. Lancaster's dynamic arts venues include The Dukes, the only producing theatre in Lancashire and Lancaster Grand Theatre, the third oldest continually operating theatre in England. Renowned for its rich and diverse history, Lancaster has many fascinating stories to tell. Stroll through the stunning Georgian and Victorian streetscape then stop off at Lancaster's historic attractions including several magnificent Grade 1 listed buildings. A tour of Lancaster Castle reveals tales of The Pendle Witches, crime and punishment through the ages, famous trials and much more! In the shadow of the castle stands the inspiring Lancaster Priory and just down the hill is The Judges' Lodgings with its priceless collection of Gillow furniture. Marvel at the Ashton Memorial in Williamson Park which dominates the city's impressive skyline. Don't forget to visit Lancaster's museums to help you piece together the history of the city.

WILLIAMSON PARK

Williamson Park in Lancaster is one of Lancashire's most beautiful parks with 54 acres of beautiful parkland, enchanting woodland walks, play areas and superb views across Morecambe Bay to the Lakeland mountains. The park is home to the iconic Grade 1 listed Ashton Memorial commissioned by linoleum magnate and Lancaster luminary Lord Ashton. Adjacent to the memorial is the Butterfly House and a small zoo with resident meerkats, marmosets, minibeasts and birds. The park hosts a variety of events including The Dukes Lancaster's not to be missed Play in the Park, which is the UK's largest outdoor walkabout theatre experience. This year's production is Robin Hood.

MORECAMBE

Morecambe is a great family resort with sandy beaches, vibrant festivals and attractions for all ages. Whether you fancy laser games, trampolining, bowling, classic seaside arcades or just relaxing making a sandcastle on the beach, Morecambe is a fun filled destination. Choose from a wide range of holiday accommodation to suit your budget with welcoming seafront hotels and B&Bs, stylish self catering flats and good value caravan and camping sites. Step back in time to a golden era at the 4 Star Art Deco Midland Hotel. Take in a show at the historic Alhambra or The Platform housed in Morecambe's former Edwardian promenade railway station, then tour the magnificent Morecambe Winter Gardens which is being lovingly restored to its former glory. The kids can let off steam in Happy Mount Park and at Jump Rush trampoline centre and Laser Rush. Stroll the promenade to see the site earmarked for the multi million pound Eden Project Morecambe, then linger at the statue of Morecambe's favourite son, comedian Eric Morecambe. For truly unforgettable sensory experiences take in some of the best bay views in Britain and end the day bathed in a stunning world class Morecambe Bay sunset.



Ashton Memorial

PHOTO BY DARREN ANDREWS

LUNE VALLEY

The Lune Valley is one of the most picturesque areas of the region, close to Morecambe Bay and bordering the Forest of Bowland National Landscape and the Yorkshire Dales. A trip up the valley is a perfect way to combine city coast and countryside. Follow the River Lune as it gracefully meanders up the valley linking Lancaster to Kirkby Lonsdale. Discover characterful villages with cosy historic pubs and tearooms. Enjoy walking trails, picnic sites, cycle routes and fisheries, all while enjoying the stunning scenery. The poet Thomas Gray was particularly impressed by the Crook O'Lune describing it as having "every feature which constitutes a perfect landscape." Annual event highlights include Gresgarth Hall Open Gardens. Hornby Castle Open Gardens, Lunesdale Arts Trail and the delightfully quirky Wray Scarecrow Festival.



PHOTO BY DARREN ANDREWS

THE STOREY GARDENS

Hidden away in the shadow of The Storey are Lancaster's secret gardens. An oasis of calm and tranquillity, just a stone's throw away from Lancaster Castle, and a short walk from Lancaster Railway Station, The Storey Gardens are divided into two distinct sections by a Georgian wall. The Friends of the Storey Gardens, a volunteer group established to preserve and enhance the gardens for the benefit of the community, are restoring the artwork in The Tasting Garden.

THE STOREY

The Storey is a great stop off place en route to Lancaster Railway Station. Central to Lancaster's artistic, technical and scientific innovation for over 130 years, The Storey Institute was remodelled in 2009 as a purpose designed centre for creative industries and performing arts. The building hosts events, courses and exhibitions with refreshments available in the Printroom Café & Bar. Top Tip! On the first floor take in an exhibition in the stunning Storey Gallery, then discover one of Lancaster's hidden gems, a magnificent stained glass window by the former Lancaster stained glass manufacturers Shrigley and Hunt. One of the most beautiful artworks in Lancaster. For events at The Storey and Lancaster Town Hall see : www.lancaster.gov.uk

WARTON

The village of Warton, near Carnforth has connections to the first US president George Washington. In the mid-13th Century, a branch of the Washington family from County Durham came to live in the Warton area. The tower of the village church was built by Robert and Lawrence Washington in the 15th Century. The Washington family's Coat of Arms, now located inside the church tower, is said to have inspired the design of the flag of the United States of America.

JENNY BROWN'S POINT

The skilfully constructed tall chimney of limestone which stands on the shoreline at Jenny Brown's point is all that remains of a copper smelting works established at the end of the 18th century. One of Lancashire's most beautiful coastal areas and the perfect spot to enjoy the amazing vistas in this stunning National Landscape. Elizabeth Gaskell wrote some of her novels from a tower overlooking the sea.

HAMPSFELL, GRANGE-OVER-SANDS

A visit to Grange-over-Sands is the perfect way to combine a leisurely stroll around a traditional Victorian seaside town with a short but rewarding hike. Hampsfell stands at only 220m high, yet it boasts some of the finest views of any fell in the Lake District. On the summit is the Hospice. This solid stone shelter was built in 1846 by the vicar of Cartmel and is the ideal place to shelter from inclement weather. Look out for the intriguing Greek inscription above the door.

STOTT PARK BOBBIN MILL

Nestled on the shores of Lake Windermere this extensive working mill produced millions of wooden bobbins vital to the Lancashire spinning and weaving industries. It is the only working bobbin mill left in the Lake District today. The story of the Bobbin Mill is brought to life with tours and an exhibition. Visitors can see the journey from tree to bobbin first hand during production on the original belt driven machinery. A hands-on family trail with dressing up for children helps visitors to imagine what it was like to work at the mill.

GLEASTON WATER MILL

A substantial water powered corn mill with the last major site improvements made in the 1770s. The mill and adjacent buildings have been restored by the owners, Mike & Vicky Brereton, to provide access to a fascinating heritage museum, tea rooms, gift shop and a converted pig sty – now a comfortable holiday cottage. Characteristic of the Cumbria rural landscape, this imposing watermill and site has been part of the local traditions for over 600 years. Located close to the ruins of Gleaston Castle, the mill was first used in the 1300s. Visitors to the mill can see the 18ft water wheel, impressive wooden machinery and many displays and artefacts.

BARROW-IN-FURNESS

Barrow-in-Furness is situated at the southern tip of Cumbria, set against the spectacular backdrop of the English Lake District mountains and on the southern shores of Morecambe Bay with its rich cultural heritage, outstanding natural environment and wildlife. A Victorian built town with a proud heritage of innovation, surrounded by beautiful beaches and inspiring scenery, it is a destination of surprises. The Furness line from Lancaster to Barrow follows the coastline and provides an enjoyable scenic journey around the Bay.

SOUTH LAKELAND

Moving a short distance away from Morecambe Bay, you can explore some of South Lakeland's best-kept secrets. Here you'll find a fascinating world of towns and villages, much referenced in English culture like Wordsworth's Grasmere, Ambleside, Windermere, Coniston, Ulverston, Hawkshead, Walney and not forgetting Kendal. Cumbria has a hatful of hidden gems just waiting to be discovered in this beautiful part of the Lake District.



Ingleborough Cave



Jenny Brown's Point

PHOTO BY TONY WEST

INGLEBOROUGH CAVE, NATURE TRAIL & THE OLD SAWMILL CAFE

Ingleborough Cave, in the heart of the Yorkshire Dales National Park, was first discovered in 1837 by brave Victorian explorers who drained away a lake to discover 1/2km of previously unexplored passages delving deep beneath Ingleborough mountain with only candles to guide them! Today, the cave is well lit, and you can follow in the footsteps of those pioneers on an awe-inspiring voyage of discovery! The cave is reached via the 1.3 mile Ingleborough Estate Nature Trail, which wends its way through the stunning woodland alongside a picturesque lake. The trail is the gateway to some of the U.K.'s most stunning limestone scenery and ultimately the summit of Ingleborough. Alfred Wainwright, the esteemed guidebook author and illustrator, called this route "the finest of all, a classic". At the base of the trail sits the Old Sawmill Café. Expect great coffee, delicious tray bakes and an ever changing breakfast and lunch menu using a range of seasonal, fresh & local food.

KNOTT END & FLEETWOOD

There has been a ferry service between Knott End and Fleetwood since before records began with the first ferries operated by fishermen who took passengers across the river as and when required. The first official ferry service began in 1894 and continues today with the Wyre Rose. The Fleetwood to Knott End ferry service provides a vital link for visitors and locals between Fleetwood and Knott End. The ferry journey takes less than 10 minutes.

ROSSALL POINT OBSERVATION TOWER, FLEETWOOD

Learn about the coastal environment, bird life and plant life, or just come and enjoy the view. The ground floor gallery has information about the local area and seasonal displays. There are two observation decks for bird watching and taking in the views over the beach to the Irish Sea and across Morecambe Bay to the Lakeland fells and the Forest of Bowland. Anyone not able to make it to the top deck will be able to enjoy the view through a screen at ground floor level. The tower has been designed to look as though it is leaning into the wind and rises 42 feet above the sand dunes.

Festivals 2026

Here is a taste of the fabulous festivals in the Morecambe Bay area this year. From music festivals, Vikings, Scarecrows to fantastic light displays! For the latest updates of these and many other Morecambe Bay events see: www.baytourism.co.uk/events

PROM FEST: 10TH-12TH APRIL

Prom Fest is BACK for its 2nd year to open the season in Morecambe! A self-funded live music festival, created by local pubs and bars, celebrating Morecambe's community, live music scene, and independent venues. Across one unmissable weekend, multiple venues will come alive with incredible live performances, from intimate acoustic sets to full-band gigs and DJs www.promfestmorecambe.co.uk

WRAY SCARECROW FESTIVAL: 25TH APRIL - 4TH MAY

Come and explore the beautiful Lancashire village of Wray with a scarecrow around every corner! This year's theme is 'GOAT (greatest of all time)'. Events include the Giant Scarecrows Parade, 10k road race, a Car Boot Sale and much more! Wray Fair is on the final day of the festival with lots of fun for all the family including funfairs, traditional games and great live bands. www.wrayscarecrows.wordpress.com

New for 2026!

HEYSHAM VILLAGE FOOD & DRINK FESTIVAL: 2ND-4TH MAY

Heysham's first ever food and drink festival Over the 3 days in the heart of historic Heysham Village there will be live entertainment, street performers, children's entertainment and much more. www.facebook.com/HeyshamNeighbourhoodCommunity

New in 2026!

ERIC MORECAMBE CENTENARY WEEKEND: 16TH-17TH MAY

As part of "Eric Morecambe 100," a year-long series of events honouring the centenary of the legendary comedian, Morecambe Winter Gardens hosts a spectacular weekend of festivities offering a mix of free public access and exclusive ticketed performances. Presented in association with Morecambe Town Council. www.morecambewintergardens.com

A SPLENDID DAY OUT: 5TH-7TH JUNE

Morecambe's popular Victorian Steampunk festival returns. Expect a fantastical weekend of music, an artisan market, great costumes and a warm welcome! This year's theme is The Pirates of Mermaid Bay. www.facebook.com/asplendiddayout

ARMED FORCES WEEKEND: 19TH-21ST JUNE

The Lancaster & Morecambe District Armed Forces Day on Morecambe Promenade. Bands, military bands vehicles and parades, aerial displays. The main day is Saturday 20th June. New for 2026 the Morecambe Twentieth Century Revival will be providing fashion displays and stalls in The Platform. www.facebook.com/MorecambeArmedForcesDay

CARNFORTH 1940'S WEEKEND: 28TH-29TH JUNE

Live music, vintage cars and tractors, military vehicles, model railways, a funfair, best dressed competitions, Mr and Mrs Churchill impersonators, jive classes, a vintage catwalk and vintage stalls, a miniature children's train ride, a 40s radio broadcast, and food and drink. www.refreshmentroom.com

MORECAMBE MUSIC FESTIVAL: 9TH-12TH JULY

Morecambe Music Festival returns with a great variety of local and national acts across the numerous fantastic pubs and venues throughout Morecambe and Heysham. No matter what your musical taste may be, the festival welcomes all genres of music and entertainment, so there's sure to be something to appeal to every music lover. www.morecambemusicfestival.uk

HEYSHAM VIKING FESTIVAL: 18TH-19TH JULY

Prepare to step back in time and be transported back to the Viking Age. Experience the sights, sounds, and smells of a bustling 9th-11th century coastal village, just like Heysham itself. Look out for an immersive Viking encampment, traditional crafts and skills and re-enactments of thrilling battles and spectacles! www.heyshamvikingfestival.co.uk/

FLEETWOOD FESTIVAL OF TRANSPORT: 19TH JULY

Held annually on the 3rd Sunday in July, Fleetwood Festival of Transport (or Tram Sunday as its known locally) is a fun-packed FREE transport event for all the family attracting crowds of 70,000+. There's something for everyone and entertainment for all the family. www.tramsunday.co.uk

CUMBRIA STEAM GATHERING: 25TH-26TH JULY

The Cumbria Steam Gathering held in Flookburgh is a celebration of steam power, with a variety of splendid steam engines as well as hundreds of classic transport favourites including cars, motorcycles, military vehicles and pedal cycles. www.steamgathering.org.uk

MORECAMBE MARITIME FESTIVAL: 15TH AUGUST

A celebration of Morecambe's proud maritime culture and heritage with captivating performances of Sea Songs & Shanties, and a variety of outdoor activities on Morecambe's Promenade. A fundraising event for the Morecambe RNLI. www.morecambemaritimefestival.uk

LANCASTER JAZZ FESTIVAL: 9TH-13TH SEPTEMBER

Lancaster Jazz Festival is a vibrant week of contemporary jazz, showcasing both established and emerging UK artists, as well as local talent. The festival brings together the musical community and local attendees for a week-long experience of jazz in the heart of Lancaster. www.lancasterjazz.com

LANCASHIRE GAME AND COUNTRY FESTIVAL: 12TH-13TH SEPTEMBER

Lancashire's game and country festival at Scorton showcases many aspects of the local game industry together with country pursuits and retail. www.lancashiregamefestival.co.uk

WESTMORLAND COUNTY SHOW: 9TH-10TH SEPTEMBER

Voted as one of the UK's favourite shows, Westmorland County Show at Crooklands is a major livestock show enjoyed by over 37,000 visitors every year. There's plenty to see with classes for cattle, sheep, pigs, goats and alpacas, heavy and light horses. Meet the foxhounds, marvel at the show jumping, discover the interactive displays in our Learning for Life Marquee and cheer on your favourites in the Cumberland & Westmorland Wrestling. www.westmorlandshow.co.uk

MORECAMBE POETRY FESTIVAL: 18TH-20TH SEPTEMBER

The Morecambe Poetry Festival is the UK's fast-growing annual celebration of spoken word, featuring famous poets local talent, workshops, open mics, BBC Radio features, and unique events like pedal-powered poetry, fostering community and diverse voices for all ages. www.facebook.com/p/Morecambe-Poetry-Festival-100082955481461

LANCASTER MUSIC FESTIVAL: 8TH-11TH OCTOBER

Lancaster Music Festival is one of the UK's largest urban music festivals, when an estimated 50,000 festival-goers descend on the historic city of Lancaster. There is music throughout the city centre in over 50 venues ranging from historic buildings and squares to cafés and coffee shops and in the majority of the city's wonderful pubs and bars. www.lancastermusicfestival.com

LIGHT UP LANCASTER: 5TH-7TH NOVEMBER (TBC)

A fantastic family festival illuminating the hidden corners of Lancaster's historic city. Pop into the city centre for your evening meal, then enjoy a feast for the eyes as you discover enchanting light-artworks and captivating installations in Lancaster's streets and squares. www.lightuplancaster.co.uk

ULVERSTON DICKENSIAN CHRISTMAS FESTIVAL: 28TH-29TH NOVEMBER

The festival returns for 2026 in full Ulverston Dickensian style with multiple performance stages, roving street performers, hot mulled wine, wonderful stalls, and costume parades through the historic streets. Look out for brass bands, singers, magicians, fire eaters, jugglers, stilt walkers, and a whole lot more! www.dickensianfestival.co.uk

More Anniversaries!

40th - St John's Hospice

St John's Hospice offers care from Grasmere to Garstang and from Morecambe to Sedbergh in the Hospice and in patient's homes. To mark the 40th anniversary of St John's 2026 will see a series of special fundraising events. www.sjhospice.org.uk

25th - Reel Cinema

Happy 25th anniversary to the Reel Cinema. Morecambe which brings the latest movies, live screenings and all time classics to Morecambe. The Reel boasts 4 screens and offers a wide range of concessions including the perennial popcorn & fizzy drinks plus the popular bespoke brands The Sweet Barrel and Creams & Cones. www.reelcinemas.co.uk/morecambe

10th - Beyond Radio

Lancaster based community local radio station Beyond Radio celebrates its 10th anniversary in 2026. Broadcasting across Lancaster and Morecambe Bay Beyond Radio has a wide range of programmes showcasing the area's broad diverse and cultural mix. www.beyond.radio

Outdoor Experiences

When looking for somewhere that offers adventure and stunning views, as well as some excellent places to relax, then Morecambe Bay is THE best destination. Whether you decide to watch the sun go down on a blanket on the beach, or a hike up a favourite hill, there is something for everyone and every mood.



CROSS BAY WALK

Definitely one for the bucket-list, the world famous Cross Bay Walks are an unmissable opportunity to enjoy the stunning beauty of Morecambe Bay. Each Summer organised walks, usually in aid of charity, cross the sands of Morecambe Bay led by the King's Guide to the Kent Estuary Michael Wilson and Raymond Porter the official appointed guide of the Levens Estuary. The walks are from Arnside to Grange and Sandgate to Chapel Island. Due to the treacherous nature of the ever-changing flats and channels a walk across the sands is only to be made with an official guide. A royally appointed guide has provided a safe crossing across Morecambe bay since 1548. Be part of history! See more at www.guideoversands.co.uk

JUBILEE TOWER AND CLOUGHA PIKE

Jubilee Tower is one of the most famous landmarks in Bowland. Built in 1897 as a viewing tower to celebrate the Diamond Jubilee of Queen Victoria, there are outstanding views of Bowland, the Lakeland mountains, Fylde Coast and the diverse landscape of Lancaster and Morecambe. The tower and car park are open all year round. Look out for the plaque in the car park to Quernmore Dark Age Burial. Fancy a hike? Then take a path up to one of Bowland's favourite hills Clougha Pike. There are a number of moderately difficult well defined rocky walking routes to the summit (413 metres).

CLIMB INGLEBOROUGH

Ingleborough is the second highest of the Yorkshire Three Peaks. Alfred Wainwright said that 'it was every Yorkshire person's duty to climb Ingleborough at least once in their lifetime'. He suggested taking the route from Clapham along Ingleborough Estate Nature Trail, a route he described as "the finest of all, a classic". Combine with a trip to Ingleborough Cave for a classic "overground, underground" Yorkshire day out.

FURNESS PENINSULA

The Furness Peninsula, with the Duddon Estuary on one side and Morecambe Bay on the other, is capped by Walney Island - a curving 'whale tail' that has protected Barrow from the sea for centuries. The energy of the tides, winds and waves is constantly re-moulding the headlands of Walney Island, Sandscale Haws and Foulney Island, creating dynamic habitats of shifting sands and shingle banks that are colonised by specialised communities of plants, birds and animals.



THE FURNESS WAY

The Furness Way meanders 121km from Arnside on the eastern side of Morecambe Bay to Ravenglass on the Irish Sea through the quaint villages of Lindale, Cartmel and Haverthwaite.

THE CUMBRIA WAY

The Cumbria Way is a linear long distance footpath in Cumbria passing through the towns of Coniston and Keswick in a northward direction. This 112 km route through the heart of the Lake District National Park links the two historic Cumbrian towns of Ulverston and Carlisle. The route cuts through classic Lakeland country, via Coniston, Langdale, Borrowdale, Derwentwater, Skiddaw Forest and Caldbeck. Whilst it is a primarily low-level long-distance footpath, it does contain some high-level exposed sections.

NORTH WALNEY

Starting at the northern end of the Bay is North Walney, one of the best coastal nature reserves in the country. A real wilderness, in a predominantly industrial setting. You will be amazed at the spectacular views and the wildlife you might encounter. The reserve's most famous resident is the noisy natterjack toad; one of the UK's rarest amphibians only found at around 40 sites in England.

CARTMEL PENINSULA

The Cartmel Peninsula has an extensive network of public footpaths and peaceful lanes that are ideal for walking and cycling. Many have been incorporated into popular long distance walks, such as the Cumbria Way and Cistercian Way, but others are relatively undiscovered byways inviting exploration on foot or by bicycle.

BIRKRIGG COMMON

Birkrigg Common is bracken-covered and sheep-grazed limestone upland to the south of Ulverston. Remains of ancient settlements, tumuli and a double stone circle known as the Druid's Temple testify to the occupation of Neolithic and Bronze Age people in this area.

GRANGE-OVER-SANDS

In the Grange-Over-Sands area you will discover the nature reserves of Humphrey Head, Brown Robin, Eggerslack Wood and Roudsea Wood and Mosses. There are a number of beautiful walks, combining natural landscape formations and a variety of interesting wildlife. Grange-over-Sands itself has a delightful promenade that offers a traffic-free walk along the shore of the bay from the railway station towards Kents Bank. Look out for the historic Grange Lido which is currently being restored in a multi million pound project.

ARNSIDE AND SILVERDALE

Arnside and Silverdale National Landscape is renowned for its wildlife, scenery and walks to suit all tastes and abilities. Stunning limestone pavements, ancient woodlands, orchards, meadows and an impressive coastline make this quiet corner of the Bay one of England's finest landscapes. This National Landscape is also home to several nature reserves including Gait Barrows, Eaves Wood, Arnside Knott and RSPB Leighton Moss. destination of surprises. The Furness line from Lancaster to Barrow follows the coastline and provides an unforgettable, scenic journey around the Bay.

WARTON CRAG

Warton Crag is a prominent limestone outcrop of national importance, Home to several rare species of butterflies and scarce orchids, much of the crag is managed by conservation organisations including the RSPB, Lancashire Wildlife Trust and Natural England in partnership with Lancaster City Council. There are several routes to the top, some from a tiny quarry at the bottom of Crag Road, with stunning views to be had at the summit.

MORECAMBE PROMENADE AND BEACHES

Morecambe's charming promenade and sandy beaches are perfect for families and friends to enjoy traditional seaside fun and the unique beauty of Morecambe Bay. Stroll along the golden sands of Morecambe beach, sunbathe, make a sandcastle or paddle close to the shore. Have a coffee or an ice cream in one of the cafes lining the seafront and visit the Eric Morecambe statue which looks out across the Promenade. Morecambe certainly sashays and shines on a sunny Summer day.

THE TERN PROJECT

The Tern Project in Morecambe is a celebration of Morecambe Bay birdlife and offers a stunning series of various award-winning sculptures situated along Morecambe's seafront and promenade. Steel cormorants, gannets and razorbills sit proudly on the roundabouts on Central Drive and on the top of bollards in the sea railings, The Stone Jetty is the crowning glory of the Tern Project boasting seabird themed pavement games, tongue-twisters and striking artwork. The Jetty is also the perfect place to witness stunning silhouettes of the Lakeland Hills, which provide the backdrop to the glorious sunsets for which Morecambe is so celebrated. The trail extends towards the Festival Market where you can follow a path of poems, jokes and quotes by famous authors, musicians, entertainers and artists.

HEYSHAM VILLAGE

The charming seaside village of Heysham has so many joys with cliff top walks, sandy beaches, deep rock pools, a delightful main street with chocolate box cottages and welcoming eateries. Take a short walk to the headland and you will discover some of the most important Anglo-Saxon and Viking sites in the North West. Look out for ancient chapels, a Viking hog back stone and mysterious rock-hewn graves. An event not to miss is the annual Heysham Viking Festival held in July.



HALF MOON BAY, HEYSHAM

With a beautiful sandy beach surrounded by grassy dunes and rocks, this is one of the most beautiful places on the Lancashire coast to hike, sit down with a picnic and enjoy the serenity that the beach brings. There are no dog restrictions so the beach is a great place to venture with your pooch. Don't miss Anna Gillespie's sculpture 'The Ship' featuring two figures sitting on the bow and stern of a Viking-style longboat.

SUNDERLAND POINT

The mysterious and intriguing Sunderland Point is a historically important village at the end of a tidal causeway at the tip of the Lune Estuary. Its landscape blends into the sea salt marsh, mud flats and farmland. Sambo's Grave is a poignant reminder of Lancashire's involvement in the transatlantic slave trade. Look out for the Horizon Line Chamber, a dry-stone building featuring a camera obscura created by internationally known land artist Chris Drury. The village is cut off twice daily by the incoming tide so tide tables are essential when visiting. See more at www.sunderlandpoint.net

WYRE ESTUARY COUNTRY PARK

The award winning Wyre Estuary Country Park, offers year round activities and events for all the family including ranger-led walks, environmentally themed activities and annual events like the Family Sculpture Day. An innovative children's play area provides children with a great opportunity to enjoy natural play and have fun in the park. Visitors to the park can also enjoy a walk along the network of accessible paths by the breathtaking Wyre Estuary.

THE MOUNT

A pavilion style building, on 'a mount' on Fleetwood seafront Esplanade. It guards over Fleetwood today, as it has done for over 100 years, much like the original building, which once stood there when the new town of Fleetwood was first built in the early 1800's.

MARINE BEACH

Situated at the back of Marine Hall, Fleetwood you can enjoy good old fashioned British seaside. Sandy beaches run up to the seafront pathway, backed by pretty, permanent beach huts painted in pastel colours. Here you'll find families and children playing and enjoying the fresh air and seaside, using the beach side huts as somewhere to escape the inclement weather, or savouring some tea and sandwiches.

Cycling Routes

Morecambe Bay offers an extensive cycling network. We take great pride knowing that so many people both local and visitors to the area get so much enjoyment using these routes.



PHOTO BY DARREN ANDREWS

Why not enjoy the area from a different perspective? The countryside around Morecambe Bay has a great deal to offer cyclists of all ages and abilities.

There is an abundance of guides, maps and websites offering the choice of some fantastic rides for keen lone cyclists, couples, groups or a family expedition. Most of the routes are on quiet roads or traffic-free cycleways giving you a chance to enjoy your surroundings.

One of most interesting ways to see the Bay is from the Bay Cycle Way a popular national long-distance route of 81 miles (130Km). It will take you from Walney Island on dedicated cycle ways and quiet country lanes around the bay to Glasson Dock just south of Lancaster. In the main, the terrain is level or gently undulating with a couple of challenging climbs which provide you with amazing panoramic views. You'll pass through a mixture of vistas and landscapes with lots of opportunities to explore some of our local heritage sites and many stops for 'a loo, a brew or a view'.

There is plenty of accommodation on route so your adventure can take as many days as you choose, and you can also make use of the round the bay railway line from Lancaster to Barrow in Furness.

Why not explore the Forest of Bowland by bike. Five stunning routes with detailed maps are available from the Forest of Bowland website. The routes vary in length and give the rider a flavour of the excellent cycling throughout this area of outstanding natural beauty.

The Lancaster & Morecambe area has a number of routes covering the city, coast and countryside of Lancaster and surrounding area including the Lune river valley and canals which are covered by the Ways Around the Bay website www.waysaroundthebay.org.uk/plan-your-route.

Not forgetting, The Way of the Roses. This is a spectacular coast to coast 170 mile cycle route from Morecambe to Bridlington taking in some of the best cultural heritage and stunning natural beauty in northern England.

Special cycling events take place during the year including the Retro Rendezvous festival weekend in Ulverston from 30th May - 31st May.

The Tour de Furness is a charitable event organised by the Barrow Rotary club with a choice of four routes from 5 to 50 miles. It tests physical fitness and is not a race. This year's event is on Sunday 28th June.

Pedal power rules.



PHOTO BY DIANA JARVIS

CYCLING INFORMATION CAN BE DOWNLOADED FROM:

www.sustrans.org.uk
www.WaysAroundTheBay.org.uk
www.lancasterandmorecambebay.com
www.forestofbowland.com/cycling-information
www.visitlancashire.com/things-to-do/cycling-lancashire
www.rotary-site.org/tour-de-furness



PHOTO BY DIANA JARVIS

A Date for Your Diary: 3rd July 2027!

The Tour De France GRAND DÉPART is coming through Cumbria and Lancashire!

www.letour.fr/en/the-race/grands-departs/grand-depart-2027

Walking Around

Wherever you base yourselves around the bay, there are opportunities to venture into the great outdoors. Explore the landscape and discover the countryside, canals, coast and towns.



PHOTO BY DARREN ANDREWS



WALKING INFORMATION CAN BE DOWNLOADED FROM:

www.lancasterandmorecambebay.com
www.catonvillage.org.uk/walking
www.arnsidesilverdaleaonb.org.uk/discover/things-to-see-do/walks
www.grangeoversandstowncouncil.gov.uk/walking-and-cycling.html
www.guideoversands.co.uk
www.chooseulverston.co.uk/category/walks
www.barrowbc.gov.uk/visitors/walking-leaflets

ACCESSIBLE TRAILS

Discover the wide range of accessible trails around Morecambe Bay and where you can hire a Trammer, mobility scooter or powered wheelchair for free.

With hire points located all around Morecambe Bay, there is somewhere new waiting to be discovered today.

For more information see the Morecambe Bay Partnership website:

www.waysaroundthebay.org.uk/plan-your-route/scenic

For accessible holidays in Lancashire and Cumbria see:

www.visitlancashire.com/things-to-do/accessible-days-out

www.lakedistrict.gov.uk/visiting/accessible-for-all

www.visitlancashire.com/places-to-stay/friendly-holidays-in-lancashire/accessible-accommodation

GUIDED WALKS

Guided walks are a great way to explore the Morecambe Bay area and to learn more about its culture, history and heritage. Discover historic Lancaster with award-winning Blue Badge guide Gregory Wright of Lancaster Walks Talks and Tours or go back in time with costumed guide Tom Hudson for a Georgian and Regency themed walk. Lancaster City Museums offer Story Tours; city-wide guided walks with expert tour guides. Over in Morecambe, historian and tour guide Peter Wade has over 30 years experience leading tours of the district showcasing Morecambe's seaside heritage and the district's hidden gems. Fancy a walk across Morecambe Bay's magnificent sands? Then join Michael Wilson, the King's Guide to the Kent Estuary for the world famous Morecambe Bay Walks. One for the bucket list! Then head inland to the beautiful Lune Valley to discover Kirkby Lonsdale's rich cultural history with a Guided Vault Walk. Further south, Wyre Council organises a full programme of guided walks for the whole year. Some are flat routes and are accessible for trampers and wheelchair users. For more details see our events calendar: www.baytourism.co.uk/events

Both the Lancashire and Cumbria Coastal Ways skirt around Morecambe Bay linking up existing footpaths and rights of way which will become part of The King Charles III England Coast Path. When completed this will be the longest managed coastal walking route in the world. You will be rewarded by the ever-changing magnificent views to the sea and to the land.

For the ultimate thrill why not join a Cross Bay walk led by the King's Guide to Morecambe Bay. This a 6 to 8 mile walk and will be a once in a lifetime experience. Monies raised from these walks go to charities. But a note of caution - walking across the bay should never be attempted independently as the tides and quicksands can be treacherous!

If you want to explore one of the bay towns such as Barrow, Ulverston, Grange, Lancaster and Morecambe this is best done on foot and there are lots of downloadable routes online.

The two National Landscapes of the Forest of Bowland and Arnsdale and Silverdale are linked by the Carnforth canal walks. 4 easy walks of between 4.5 and 6 miles allow ample time and opportunity to explore the countryside.

An interesting link between city and countryside is the River Lune Millennium Park which stretches some 15km along the banks of the river Lune from Bull Beck near Caton to Salt Ayre in Lancaster.

It has linked footpaths and cycle ways, and the route is decorated with unusual and thought provoking artworks and information points. The Millennium Bridge is for cyclists and pedestrians and the pathway between Lancaster and Caton is a good way to see some interesting features on and around the river.

The River Lune is noted for its salmon with September and October being the best times to see them. Over 13,000 salmon and sea trout are now recorded annually in the Lune. This footpath is also accessible for pushchairs and wheelchairs.

For ideas, tips and inspiration for walking, cycling and accessible routes, a new journey planner website is available - visit www.waysaroundthebay.org.uk

Nature Reserve

Morecambe Bay is world famous for its awe-inspiring landscapes and dramatic skies, vast and wild vistas, drawing people for generations, but it's not just people who flock here. The Morecambe Bay area is also one of the most significant sites in Europe for many species of birds as well as being home to other rare and spectacular wildlife.



PHOTO BY TONY WEST

KATH SMITH FROM RSPB LEIGHTON MOSS, EXPLAINS THE REGION'S APPEAL TO NATURE LOVERS.

At low tide the seemingly endless mudflats, saltmarshes and winding coastal creeks of Morecambe Bay offer a haven for tens of thousands of wading birds and wildfowl, both migratory and resident, during the spring, autumn and winter months. Along the sweeping shores, keen-eyed visitors can see waders such as Redshank, Curlew, Dunlin, Knot and Oystercatcher while commonly spotted ducks include Pintail, Shelduck and Eider.

The staggering numbers of birds that gather in the Bay's intertidal areas are drawn here for one simple reason; the abundance of food. Wading birds find a formidable banquet of marine invertebrates and molluscs hidden in the mud, so they gather in large concentrations to take advantage of this protein-rich food source. The birds often form large flocks before going to roost, performing spectacular aerial displays over the Bay. As you marvel at these truly awesome murmurations twisting and turning over the water, watch out for marauding hunters such as Peregrine falcon and Merlin.

Twice a day the rising tide covers much of these feeding areas, pushing the birds to find a suitable resting spot until the ebbing tide reveals the expansive mudflats once more. The tidal defence rocks found along the coast provide excellent roost sites for thousands of waders. It is while the birds are resting that they are most at risk from unintentional disturbance from dog-walkers, aircraft,

fishermen and even over-zealous birdwatchers and photographers. It is essential that these birds conserve as much energy as possible to survive, particularly in the colder winter months, so please keep this in mind when on the shore.

The Morecambe Bay area is not just about the impressive coastline. The fringes of the Bay boast a wonderful selection of landscapes and habitats, including areas managed by the Arnside & Silverdale National Landscape, the National Trust and Wildlife Trusts. Miles of footpaths await visitors and residents alike, while an array of wonderful nature reserves provide excellent opportunities for getting close and personal with many of the region's amazing natural treasures.

The Royal Society for the Protection of Birds (RSPB) is involved in active nature conservation throughout the Bay, owning and managing large areas of saltmarsh and mudflats between Hest Bank and Silverdale. You can explore the renowned RSPB Leighton Moss nature reserve where Otter, Red deer, Marsh harrier, Avocet and Bittern may be seen. This family-friendly reserve is worth visiting at any time of year with its protected habitats, fabulous wildlife, visitor centre, nature trails, the 9-metre high Skytower and comfortable viewing hides. Entry is free to RSPB members while those arriving by train, bus or bike get half-price entry.

Both Lancashire and Cumbria Wildlife Trusts manage several excellent sites where nature enthusiasts can hope to see a range of rare and scarce plants, reptiles, mammals and birds. The region's only colony of Grey seal can be found at South Walney Nature Reserve while Ospreys return from Africa each spring to

nest at Foulshaw Moss. In the summer months a visit to Warton Crag, Arnside Knott or Gait Barrows should reward you with a selection of scarce butterflies and orchids while spring and autumn is a great time to search for migratory birds at Heysham Nature Reserve.

The spectacular expanse of Morecambe Bay and the diversity of the surrounding countryside ensure that this beautiful region remains one of the nation's favourite destinations. Whenever you visit you are sure to discover new and exciting places and a wealth of wild wonders. Once discovered, this often-surprising area simply begs to be explored time and again.

FIND OUT MORE

- **Lancaster & District Birdwatching Society**
www.lancasterbirdwatching.org.uk
- **Cumbria Bird Club**
www.cumbriabirdclub.org.uk
- **RSPB Leighton Moss**
www.rspb.org.uk/leightonmoss
- **Lancashire Wildlife Trust**
www.lancswt.org.uk
- **Cumbria Wildlife Trust**
www.cumbriawildlifetrust.org.uk
- **Arnside & Silverdale AONB**
www.arnsidesilverdaleaonb.org.uk
- **National Trust**
www.nationaltrust.org.uk

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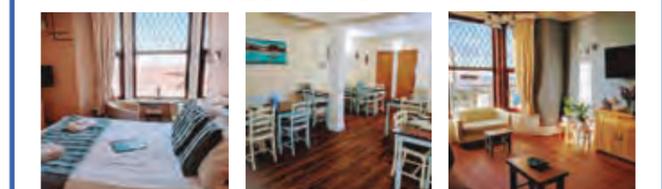


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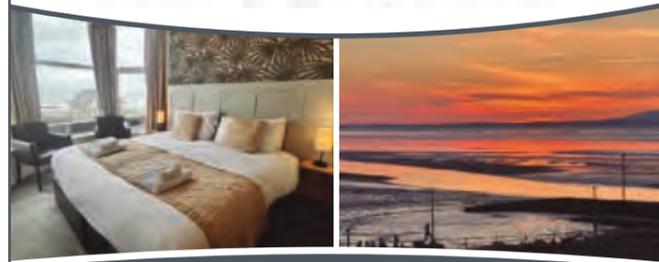
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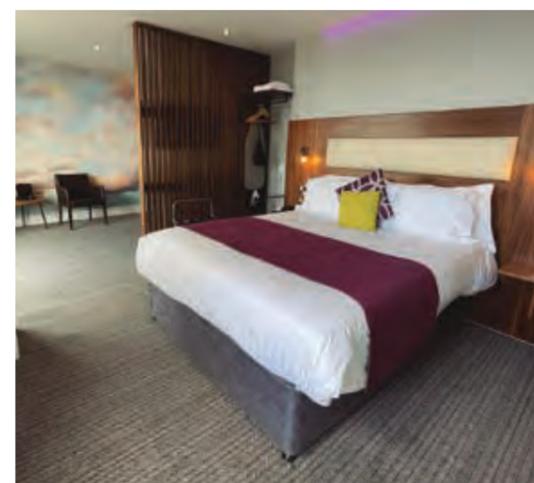
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THE MIDLAND

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Guests can choose from an extensive breakfast menu comprising of a full English, Continental or lighter meals on request, along with a wide variety of teas and filter coffee which will be served in our new dining room. We also have a small bar which has two draft beers with a selection of bottles along with a range of wines and spirits.

The guesthouse is situated in a great location, only a minute's walk from the promenade and only a few minutes walk from several shops, pubs and cafe's.

01524 410532 As seen on Channel 4
 20 West End Rd, Morecambe, Lancashire LA4 4DL
info@thesanderling.co.uk
www.thesanderling.co.uk

FOUR IN A BED

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We welcome tourers, motorhomes and tents to our family run park on a working farm in the beautiful Lune Valley. Situated within the Forest of Bowland, and close to Morecambe Bay, New Parkside is within easy reach of the Lake District and Yorkshire Dales.

We offer spacious grass and hardstanding pitches.

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A haven of peace and tranquillity awaits you in this quieter coastal area of South Lakeland.

Relax and enjoy the unhurried charm, award winning meals and comforting feel of Clare House Hotel set in our own large garden with stunning views over Morecambe Bay and beyond.



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info@clarehousehotel.co.uk

www.clarehousehotel.co.uk

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The Longlands Inn and Restaurant is situated on the Lancashire Cumbria border. It's the perfect location to visit and explore all that Morecambe Bay has to offer; countryside, coast and city. We offer eleven luxury bedrooms, six awarding self-catering cottages and beautiful dining areas. Our aim is to offer you both wonderful home cooked food and luxury quality accommodation.



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A most charming, delightful, rural English Pub with 6 en-suite bedrooms.

Serving good food, including our famous Sunday Roasts, real ale and wine in a traditional environment with log fires and period furniture.



We have 6 individually designed cosy bedrooms above the pub, each with en-suite shower or unique roll-top bath.

We also have bike storage for those guests who want to bring their bikes to explore the Lakes or the surrounding area.

Throughout the year we hold monthly live music in our bar area.

For an updated list of live music, please visit our website or @derbyarms.witherslack



THE DERBY ARMS

Witherslack, Cumbria LA11 6RH

015395 52207

www.thederbyarms.co.uk

KNOTTS FARM HOLIDAY COTTAGES



An ideal retreat for couples and for visiting families in the local area. Within 2 miles of Lancaster City Centre and close to the M6.

Knotts Farm holiday cottages are an exciting diversifying development of the existing farm business. There are three high quality cottages, all awarded with four star ratings. One of which, Knotts View, is especially designed for wheelchair access and it has been awarded mobility score two, which is quite unique in this area.

Another, Clougha View is two storey accommodation sleeping up to four people. The remaining cottage, Knotts Nest situated in between the two.

Knotts Farm Quernmore, Lancaster LA2 9LU
T: 07768 211842 • stay@knottsfarm.co.uk
www.knottsfarm.co.uk



Hardhorn Breaks



A small family-run complex offering a variety of accommodation. Four converted barns into luxury holiday cottages and a caravan camp site. The self-catering apartments include one that is wheelchair friendly. Three and half miles from Blackpool centre in the semi-rural village of Hardhorn.

Strictly no smoking - Pets welcome
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01253 890422 - blackpoolnick@btinternet.com
www.highbank-farm.com

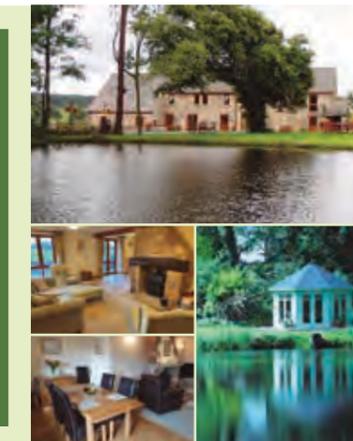


Lakewood Cottages

Alec & Christine Sayer
Cragg Hall Farm, Galgate LA2 0HN
T: 01524 751053
info@lakewoodcottages.co.uk
www.lakewoodcottages.co.uk

Our stunning, beautifully appointed self-catering cottages are located on a small farm just outside Galgate, south of Lancaster. The cottages are all furnished and equipped to an excellent standard and set in a picturesque lakeside/woodland setting.

Units: 4 (Choice of room options between 2 to 6 persons)



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HOLIDAY COTTAGES, CABINS • VENUE HIRE

BBQ AREA • NATURE TRAIL • PLAY BARN • GYM • EVENTS ROOM • FISHING • WOODLANDS

Escape to Patty's Barn, where the great outdoors meets comfort. Our 11 self-catering cottages and 2 cosy wooden cabins overlook the salt marshes of Morecambe Bay, just 10 minutes from Lancaster. Ideal for family getaways or group celebrations, our spacious outdoor areas offer BBQs, hot tubs, fire pits, and plenty of room to explore. Whether you're relaxing, reconnecting with nature, or celebrating with loved ones, Patty's Barn promises a warm northern welcome. Our two group spaces are perfect for private events, retreats, and special occasions.

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SELF CATERING

So Many Places To Visit & Things to Do!



EDEN PROJECT MORECAMBE

Public gardens opening 2027, fully open in 2028

Morecambe has long been one of Britain's best-loved seaside destinations, celebrated for its sweeping Bay and uplifting natural landscape. Eden Project Morecambe will build on this heritage, creating a landmark attraction for the 21st century that inspires wonder, wellbeing and a renewed connection with nature.

Visitors will be welcomed from spring 2027 into 1.5 acres of new free-to-enter community gardens - vibrant outdoor spaces for gathering, growing, learning and exploring, shaped with local people and rooted in Morecambe's coastal identity.

Opening in Winter 2028, Eden Project Morecambe's striking shell-inspired superstructures will house two immersive indoor "Realms", each inviting guests on a journey through humanity's relationship with the natural world.

The Realm of the Sun will be a bright, tropical landscape centred on The Elder Tree, an 18-metre sculptural landmark rising from root to canopy. Whilst The Realm of the Moon will offer a darker, atmospheric environment inspired by the Bay's dramatic tides - including a hyper-real rockpool shaped by accelerated tidal rhythms that mirror Morecambe Bay's status as one of the largest tidal ranges in the world.

Created to complement Morecambe's iconic seafront and celebrate its extraordinary coastal environment, Eden Project Morecambe will offer a memorable day out filled with discovery, creativity and many moments of awe - deepening visitors' connection to Morecambe's remarkable, internationally-significant coastline.

LASER RUSH MORECAMBE

Laser Tag Site 'LASER RUSH', is the latest venture to open in the popular seaside town of Morecambe. The exciting laser tag venture features two battle zone grounds (Destination Apocalypse and Battle Barracks). The battle set-ups, feature really cool hiding places, mazes and scenery. The guns are the latest in laser technology and have some really awesome games such as "Defend the Keep", "Team Deathmatch" and "Domination". Laser Rush has been built with a range of ages in mind, with the site set up for hosting parties and groups of all kinds, with a range of rooms and food options.

JUMP RUSH

Jump Rush is an exciting indoor trampoline park located in the heart of Morecambe. Friendly staff will greet you with a warm welcome and talk bouncers through rules and regulations. The trampoline park has 100 trampolines to offer with specific fun zones: Ninja Zone, Transverse Climbing Wall, Dodge Ball, and Battle Team Zones. An exciting, fun and safe environment for people of all ages. Mini bounce classes for your tiniest of tots to try their first trampoline experience. For an entertaining and adventurous way to keep fit, Jump Rush offers Bounce Fitness classes for people of all ages and abilities.



SOUL BOWL

Love food and drink, love friends and family, love bowling? Enjoy all of this under one roof at Morecambe's Soul Bowl. A fun-packed bowling day for all the family. There are 10 top quality bowling lanes and an authentic Italian menu in stunning surroundings. There's lots more on offer too, with a luxury play bar area 4 pool tables and Fussball.

HAPPY MOUNT PARK

Happy Mount Park is a picturesque family friendly park that's open all year round and free to visit. Summer time is the perfect time to experience a fabulous day out. The Splash Park is a fun packed venue on a hot sunny day for the kids, finished off with a 99 flake ice cream. With trampolines, woodland walks, cafe, kiosk, ice cream van, 16 hole adventure golf, mini golf, traditional swing boats, and basketball courts, Happy Mount Park caters for all. Relax in the flower gardens soaking up the sun! The park is located just by the promenade so finish off the day with a lovely stroll down the beach watching some of the most captivating views across the bay including Morecambe's famous spectacular sunset. (Small entry fee for splash park and concessions).

POTTYROOS

Looking for something creative for all the family? Get in touch with your artistic side at PottyRoo's Paint Your Own Pottery studio - a friendly, 22-seat pottery centre in the heart of Morecambe.. Choose from over 200 pottery items to paint - from novelty figurines to practical items such as plates, mugs and vases.

ERIC MORECAMBE STATUE

A visit to Morecambe isn't complete without a pose and a selfie at the much loved statue of Morecambe's favourite son Eric Morecambe. Unveiled by the Queen in 1999 this is one of Britain's most popular statues and depicts Eric in one of his characteristic poses along with a pair of binoculars (Eric was a keen ornithologist). The statue is set against the stunning backdrop of Morecambe Bay and the Lake District mountains and is equally sensational at night with superb lighting effects bathing the area. Remember Eric on the centenary of his birth.

MORECAMBE WINTER GARDENS

A day out in Morecambe isn't complete without a visit to Morecambe Winter Gardens. Opened as the Victoria Pavilion in 1897, this magnificent example of Victorian architecture stands proudly on Morecambe seafront. A Grade II* listed building, many stars of stage and screen have appeared there over the years, including George Formby, Gracie Fields, Vera Lynn, the Who and the Rolling Stones, to name but a few! The building was saved from demolition by the people of Morecambe in 1985 and is now being restored by the Morecambe Winter Gardens Preservation Trust, a volunteer-led, charitable organisation. A new chapter is being written as this magical place is being restored to its former glory. Events include a silent film festival, gigs and community events. There are guided tours of the building at weekends during the summer season which are a great way to learn more about the history and the ongoing restoration work of this breathtaking 'Albert Hall of the North'. www.morecambewintergardens.com

LANCASTER LEISURE PARK

A visit to Lancaster Leisure Park is a chance to truly indulge yourself! Spread over 42 acres the Leisure Park is home to Lancaster Brewery, Countryside Meats Farm Shop an ice cream parlour, visitor centre and beer garden, children's indoor soft play area and The Forest Garden. Admission to the park, brewery and shops is free but there is a small charge for the children's play area and guided tours of the brewery. Free parking.

GIGGLES PLAY & ADVENTURE

Based at Lancaster Leisure Park, Giggles has something for all ages ranging from toddlers through to 10. There is a ball pool, tunnels, slides, rope climbs, indoor children's karting and a separate play area for the little ones! While the children have the time of their lives, you can sit back and relax in the cafe.

New for 2026!

HYPER GAMING

Lancaster's new premier gaming venue; High-end gaming PC's, fast internet immersive atmosphere and a community of passionate gamers. www.hypergaming.co.uk

LANCASTER WALL

Lancaster Wall is one of the largest dedicated bouldering centres in the North. Situated close to the M6, the centre offers kids clubs, adult introductory sessions as well as a huge variety of bouldering for the more experienced climber. Great fun for families and kids requiring no specialist equipment apart from shoes which you can rent.

SALT AYRE LEISURE CENTRE

Salt Ayre has a wide range of facilities including Energy indoor soft play and Open Ayre outdoor play park. Dip a toe into the 33 metre swimming pool, with slide and jacuzzi pool. Visit the newly refurbished gym with top of the range equipment, or try a class in the immersive cycling studio, or dedicated functional Training Zone. Treat yourself to a relaxing Spa Thermal Journey at Tranquil Spa & Beauty. Take a deep breath, recharge, and relax in the hands of the team of experienced and highly qualified therapists, who can offer you a wide selection of sumptuous treatments. To end the day, refresh yourself in the popular, well stocked Refuel Café.



MORECAMBE HERITAGE CENTRE

Morecambe Heritage Centre showcases Morecambe's rich history and heritage through temporary and permanent exhibitions. Open Tuesday, Thursday, Saturday: 12pm - 4pm www.morecambeheritage.co.uk

HEYSHAM HERITAGE CENTRE

Heysham Heritage Centre is housed in a beautifully repurposed 17th-Century, Grade II listed, longhouse and barn located in the heart of Heysham village. Local history displays, exhibitions and visitor hub. Opening times vary: www.heyshamheritage.org.uk

CARNFORTH HERITAGE VISITOR CENTRE

Visitors come from all over the world to see 'The Home of Brief Encounter' where iconic scenes of David Lean's classic film were filmed. There are a wide range of fascinating displays which have been revamped for the 2026 season. Brief Encounter is shown on demand in the small cinema area. The adjacent Brief Encounter Refreshment Room Bistro & Bar has been faithfully restored to its 1940's period glory and offers a superb range of home made food, a licensed bar and top quality beverages.

THE CENTRE @ HALTON

A vibrant community centre in the heart of Halton offering a wide range of facilities offers both indoor and outdoor. The Centre has something for everyone, including a fantastic skate park, children's play areas, playing field and Multi-Use Games Area. There are a large number of classes and activities, from sports and exercise to community activities and events. Room hire is available. Coffee shop.

GREENLANDS FARM VILLAGE

Greenlands Farm Village is all about bringing people together to enjoy a wonderful day out, whatever the weather! The PlayBarn is a place where children can happily climb, clamber, slide and explore. Laser Tag is the perfect indoor activity to keep the fun going, no matter the weather. Their new family friendly Kitchen & Bistro is handy to pop into for a hearty meal any day of the week. Ideal spot for family lunches and all-day snacks while you're visiting the farm village. The on-site Farm Shop is a happy collaboration between the owners and the local suppliers. This is a real hands-on experience, loved by children and adults alike. Don't worry if it's raining there's lots undercover too and plenty of free parking.

HERON CORN MILL

Heron Corn Mill is a working Grade II *listed 18th-century water mill and a fully restored and repurposed threshing barn on the River Bela at Beetham. During your visit you can explore the three-storey watermill, and learn about the history and development of Heron Corn Mill. There are also mill tours, milling demonstrations, craft workshops, bread making and bakery sessions.

LAKELAND WILDLIFE OASIS

Perfect for families, the Lakeland Wildlife Oasis is an all-weather attraction combining lush tropical halls with outdoor animal enclosures with over 100 species of insects, fish, birds, reptiles and mammals. Discover free flying birds, butterflies and bats. Inspect the furry fossas. Meet a meerkat and see breathtaking snow leopards. There's a café, conservatory, indoor and outdoor seating and a sand area for children to let off steam.



Windermere Lake Cruises

LAKELAND MAIZE MAZE & FARM PARK

There's plenty to do here at the double award-winning farm park. With large, and mini mazes to complete, Lakeland Maize Maze and Farm Park is open in the summer months, giving children the opportunity to work with the farm animals and experience tractor rides. The farm is one of the main attractions and continues to be every summer. An a-maze-ing selection of mazes ready to be completed.

DOCK MUSEUM

Enjoy a wonderful historic family day out in Cumbria! Here at the multi award winning Dock Museum you can explore the fascinating history of Barrow-in-Furness. Discover how the 19th century hamlet became the Chicago of the north in the Victoria era to the world leading ship building area it is now. Enjoy various exhibitions including the Viking Gallery, the Ship Builders Gallery and the temporary exhibition floor. The Bridge cafe offers a tempting range of hot and cold snacks. To keep the little ones entertained, there's a brilliant adventure playground too!

LAUREL & HARDY MUSEUM

The 1930's Art Deco Roxy Cinema, in Ulverston, hosts an outstanding tribute to the comedy duo Laurel and Hardy. The museum started life as one man's collection stemming from his lifelong love for 'The Boys'. From a few scrapbook collections, the museum transformed to a room packed with pictures, facts, and show tickets of the famous pair. The Roxy Cinema is also a fantastic place to get the 1930's feel for an extraordinary cinema. Wander round the old cinema and read about the story and career of Laurel and Hardy.



LAKES AQUARIUM

At the Lakes Aquarium you can marvel at all things that swim, walk, climb, fly and bite! The aquarium allows people to observe the wonderful animals on display, including an incredible underwater tunnel looking at Carp, Pike, Brown Trout, Piranha and many more. As well as the famous Lakes Aquarium Otter shows which are held throughout the day, Lakes Aquarium offers various animals, including an open presentation of Leafcutter Ants which is a capturing attraction. End the tour with a browse in the gift shop and purchase some of the merchandise.

FLEETWOOD MUSEUM

Visit Fleetwood Museum and explore the history and rich heritage, from its origins in the 19th century. The interactive museum allows 4-11 year olds to take part in arts and crafts as well as games and quizzes. The museum offers a range of talks about different historic events. For more information about events and exhibitions, visit the website and book your place.

WINDERMERE LAKE CRUISES

Experience the finest views from England's longest lake. Viewing stunning mountain scenery, secluded bays, and woodland islands. Windermere Lake Cruises offers a selection of different cruises with fantastic commentary throughout: Island cruises are a lovely way to admire the Lake and capture some beautiful memories. The Yellow Cruise runs from Bowness to Lakeside. Combine this cruise with the Motor Museum experience and look at some of the most vintage and unique cars in the UK. The Red Cruise, running from Bowness to Ambleside would be the perfect opportunity to stop and explore Ambleside, experiencing some of the local businesses, and amazing range of restaurants, cafes and shops. If a cruise isn't what you fancy, perhaps a self drive boat? These boats are a seasonal offer, from Easter until November. Self drive boats are very popular with couples, and young children wanting an independent and adventurous day out on the Lake.

DALTON LEISURE CENTRE

Visit Dalton Leisure Centre with its amazing 16 fun features including a 20 metre warm water pool that includes overhead tipping buckets, spray rails, giant spraying snake, and interactive play panels. Also on offer are 2 glass back squash courts, and air conditioned gyms, with 14 spinning bikes. With a large outdoor soft play area to keep the kids actively entertained plus many more facilities suited to different ages and abilities.

BROOKLANDS FARM

Come along to Brooklands Farm in Scorton village. Enjoy a laid-back and chilled experience on a Wyresdale Woolly Walk feeding, petting (and maybe walking) the alpacas, goats, sheep and ponies. You can also test your balance on the stepping stones, enjoy the battle ropes and the rope swing, run the tyres, weave the poles and jump the bales. Pre-booking is required. www.bookwhen.com/brooklands48

FARMER PARRS

If 'ewe' like animals, ewe'll love Farmer Parrs! Gallop on over for a MOO-vellous Family Day Out! A fab-ewe-lous animal farm with a museum, bistro and gift shop. Plus outdoor play areas, indoor picnic/ bouncy castle barn, jumping pillow and indoor animal barns too. So there is plenty to do come rain or shine. Take a trip down "Memory Lane" in the large and electric Fylde Country Life Museum.

LAKELAND MOTOR MUSEUM

Lakeland Motor Museum has probably the largest collection of motoring memorabilia in the UK. Feast your eyes on a unique collection of 30,000 exhibits which includes 140 classic cars and motorbikes, all carefully assembled over 50 years. The collection is presented in a social context, with a host of rarities including the famous Campbell Bluebird Displays. Housed in a converted mill in the heart of the Lake District, minutes from Lake Windermere there are also local history and period shopping displays, authentic recreations and a picturesque riverside cafe making it a great day out for the whole family.

RAVENGLASS & ESKDALE RAILWAY

For an immersive railway experience don't miss 'La'al Ratty' at Ravenglass and Eskdale Railway which runs for seven-miles from the coastal village of Ravenglass through two of Lakeland's loveliest valleys, to Dalegarth station and Visitor Centre in Eskdale.

BOWLAND WILD BOAR PARK

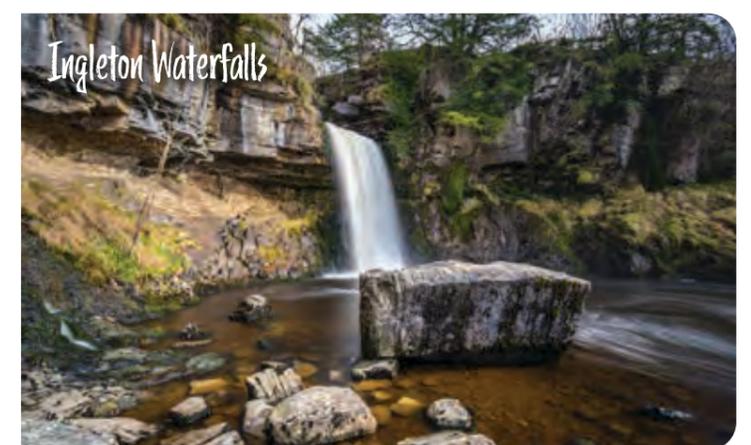
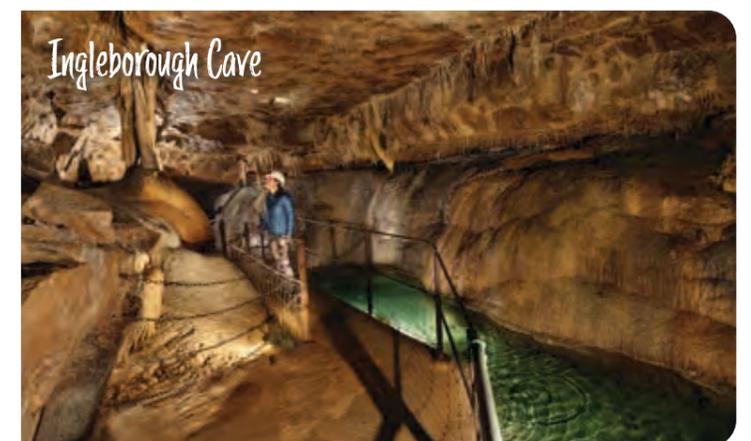
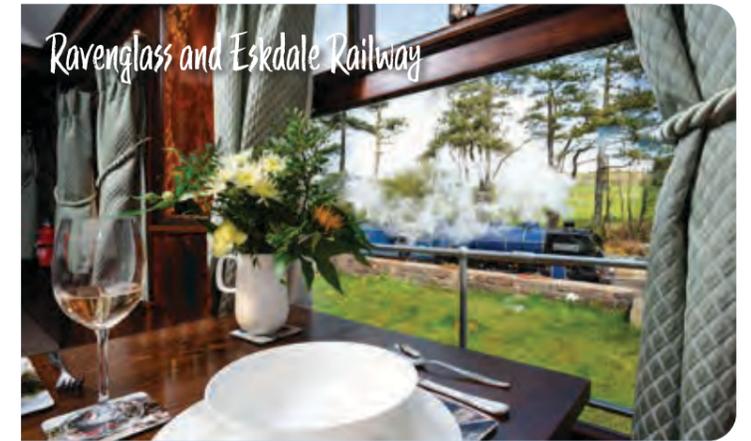
Situated in the heart of the Forest of Bowland a short distance from the picturesque village of Chipping, Bowland Wild Boar Park is the perfect place for a stress-free, fun-filled day out in the beautiful Lancashire countryside. There are a fantastic range of activities and many species of wild animals and farm animals that you can enjoy petting or observing. You will be spoiled for choice with indoor and outdoor play areas including a huge Kids Adventure Play area with slides, zip wires, swings, and lots of things to climb over or crawl through, along with tractor & trailer and barrel rides. For a gentler pace there are woodland and river walks for those that love to explore.

INGLEBOROUGH CAVE & INGLEBOROUGH ESTATE NATURE TRAIL

Visit Ingleborough Cave & Ingleborough Estate Nature Trail, in the heart of the Yorkshire Dales National Park, on a dog friendly adventure that all the family can enjoy! Enjoy a scenic 1.3 mile woodland trail, before following in the footsteps of brave Victorian explorers by venturing 500 metres beneath Ingleborough mountain, on a journey of exploration and discovery in Ingleborough Cave. For more details visit: www.ingleboroughcave.co.uk

INGLETON WATERFALLS

Some of the most spectacular waterfall and woodland scenery in the North of England, is located at Ingleton Falls. Follow well designated footpaths, close to the edge of two remarkable rivers, and see some of the Lake District's most breath-taking views. Watch the underground streams and waterfalls whilst enjoying a captivating picnic. Not to forget White Scar Cave, the longest show cave in Britain. Experience a tour which highlighting the history and events at the falls. End your visit with a treat from the local cafe and appreciate the fantastic natural landmarks. Dig out your walking boots and dive into adventure!



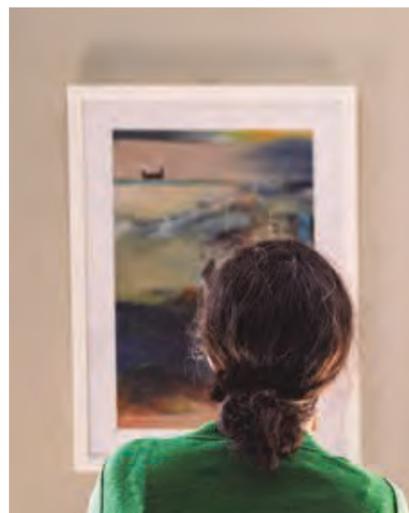
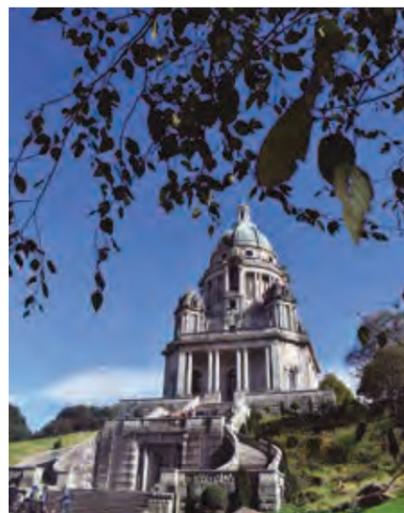
LANCASTER + MORECAMBE BAY

step into a thousand years of history
explore an ancient coastline teeming with wildlife
discover a tradition of art and music

follow your curiosity



lancasterandmorecambebay.com



Images: Darren Andrews, Robin Zahler



A THRILLING TRAIL AND CAVE ADVENTURE

for all the family to enjoy

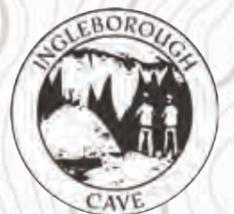


CAFE: the heritage & history of this listed building has been beautifully preserved, providing a fascinating backdrop for visitors to immerse themselves in whilst enjoying use of the cafe.

CAVE: an exhilarating underground adventure exploring 500 metres of ancient passages, in the heart of the Yorkshire Dales, deep beneath Ingleborough.

TRAIL: gateway to the UK's finest walking country, including Trow Gill Gorge, Gaping Gill and Ingleborough summit.

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www.ingleboroughcave.co.uk
www.ingleboroughestatenaturetrail.co.uk
www.oldsawmillcafe.co.uk





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SALT AYRE LEISURE CENTRE

Enjoy fantastic facilities for all of the family at Salt Ayre Leisure Centre!

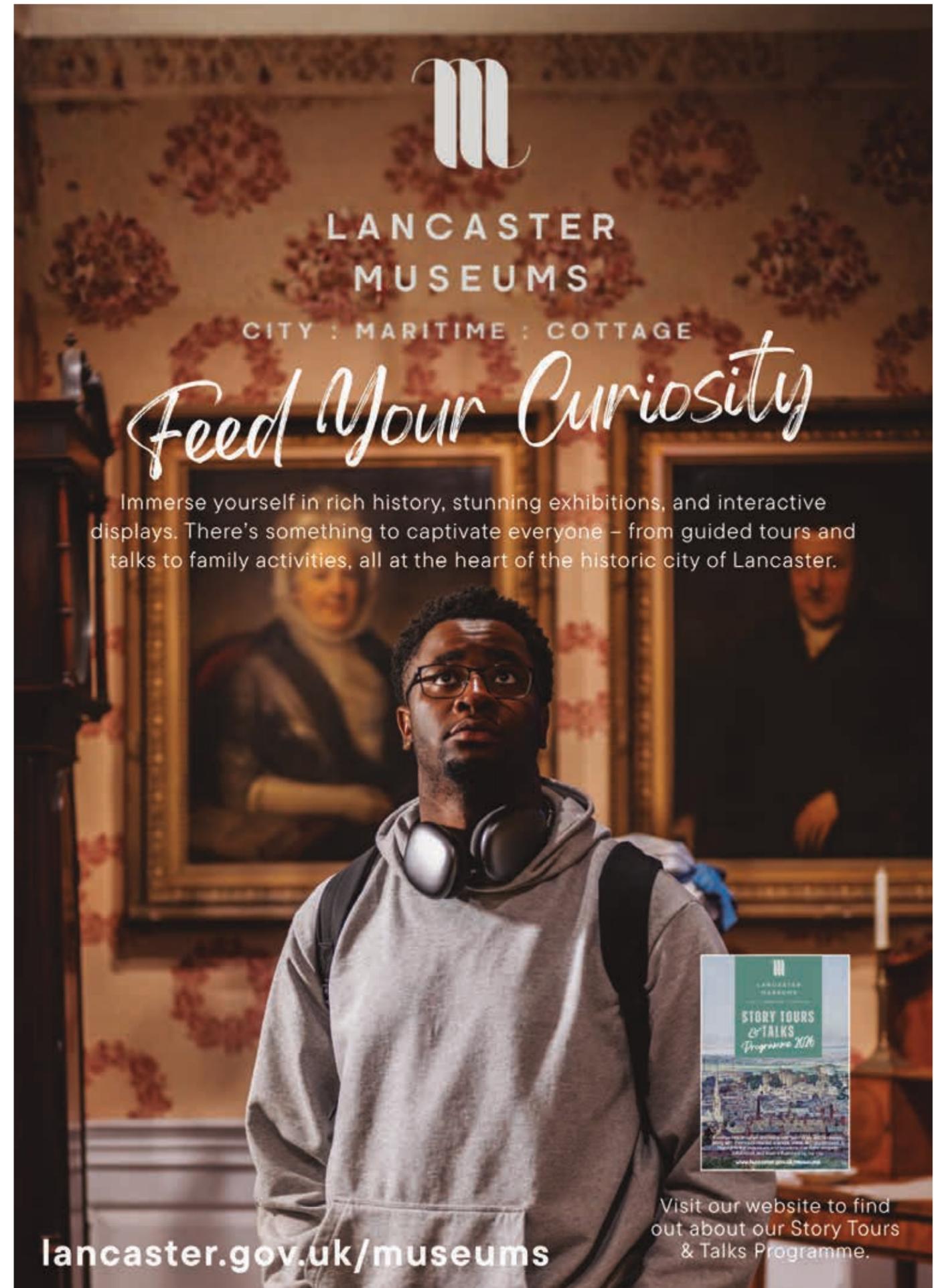
ENERGY
26ft multi-level soft play area

XHEIGHT
18 exhilarating indoor climbing walls

SWIMMING
33m indoor swimming pool open daily

Salt Ayre Leisure Centre, Doris Henderson Way, Lancaster LA1 5JS
 01524 847 540 | www.lancaster.gov.uk/saltayre

LANCASTER CITY COUNCIL
Promoting City, Coast & Countryside



LANCASTER MUSEUMS
 CITY : MARITIME : COTTAGE

Feed Your Curiosity

Immerse yourself in rich history, stunning exhibitions, and interactive displays. There's something to captivate everyone – from guided tours and talks to family activities, all at the heart of the historic city of Lancaster.

LANCASTER MUSEUMS
STORY TOURS & TALKS Programme 2016

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lancaster.gov.uk/museums



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- Rain or shine fun

Happy Mount Park Café • Coffee • Homemade cakes • Light lunches
 • Children's meals • Milkshakes • Sundaes • Ice cream

Lots to do in one place! Relax while the kids play.

FAMILY EVENTS
 Check our website for details - We have lots of family events running throughout the year www.happymountpark.co.uk

Happy Mount Park Cafe
 Happy Mount Park, Marine Road East, Morecambe LA4 5AQ • Tel: 01524 401140
info@happymountpark.co.uk • www.happymountpark.co.uk



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- SPACE TO PICNIC
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- HABITAT TRAILS
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FREE ENTRY TO THE PARK



A traditional family park - open daily all year round!

Happy Mount Park, Marine Road East, Morecambe, LA4 6AQ
www.lancaster.gov.uk/happymountpark www.facebook.com/happymountpark
 Charges apply to some attractions

LANCASTER CITY COUNCIL
 Promoting City, Coast & Countryside



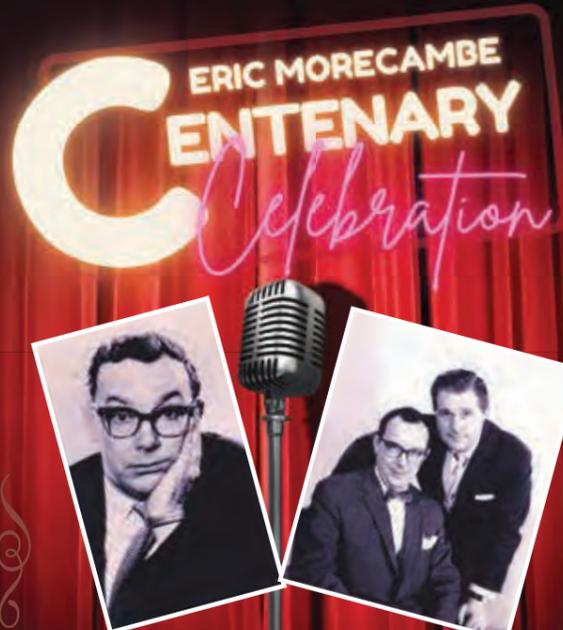
ULLSWATER 'STEAMERS'

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ullswater-steamers.co.uk

Book Tickets



ERIC MORECAMBE CENTENARY Celebration

Saturday May 16
12noon to 3pm:
Theatre open to public
 Cafe, tours, organist, classic sketches on the big screen
4pm to 5pm:
Eric Morecambe Centenary Discussion
 Guest Speakers: Gary and Gail Morecambe. Host: Martin Clarkson
7.30pm to 9.30pm:
An Evening with Eric & Ern
 Fresh from the West End live show celebrating the comedy duo

Sunday May 17
12noon to 3pm:
Theatre open to public
 Cafe, tours, organist, classic sketches on the big screen
4pm to 5pm:
Film Screening: That Riviera Touch
 1966 PG

Part of 'Eric 100' celebration IN ASSOCIATION WITH



Book ticketed events at:
morecambewintergardens.co.uk



Theatre TOURS
 Visit the Albert Hall of the North
 This magnificent theatre is undergoing repair and restoration and is run by volunteers.

Explore & Wonder behind the Scenes
 We are back OPEN from 28th March on Saturday and Sunday 11am-4pm
 Learn about the history, architecture, restoration and astonishing plasterwork in areas off limits to the public - booking essential
www.morecambewintergardens.co.uk/tours
 Cafe, live music, prize tombola and fully accessible ground floor



Book tickets at: morecambewintergardens.co.uk

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Bay Tourism Association is a consortium of almost 200 local tourism related businesses, including accommodation providers, retailers, restaurants and attractions.

Our committee is made up of local business owners, who volunteer their time to promote our beautiful Morecambe Bay area, for the benefit of everyone.

Bay Tourism Association is involved with the production of this guide, which is just a flavour of everything we have to offer visitors to this area. All the businesses featured in this guide are members of Bay Tourism Association and are proud to give our visitors the best experience possible.

As a visitor why not find out more about the area by visiting www.baytourism.co.uk or our Facebook page, if you prefer social media.

If you are a business owner and want to know more about how to advertise in this guide, as well as the benefits of joining Bay Tourism Association, then please call Mark Prada on 01524 825600.

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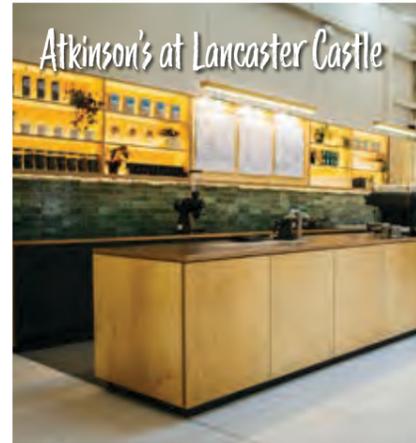
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Local Produce

The Morecambe Bay area is renowned for its local produce, as well as some of the best places to eat in the whole of the UK. In fact, much of the local food and drink, produced around Morecambe Bay, is linked to the landscape and its inhabitants, with many food names featuring the area itself! Who hasn't heard of Cartmel Sticky Toffee Pudding, Salt Marsh Lamb, Lyth Valley Damsons and Morecambe Bay Shrimps?



You certainly won't be short of great places to eat in the Morecambe Bay area! With an abundance of restaurants, pubs, cafes, fish and chip shops and farmers markets, Morecambe Bay is certainly THE place for foodies. At the head of the list is the 3 Michelin starred L'Enclume Restaurant in Cartmel; home to Simon Rogan, one of the top chefs in the UK, he also ranks amongst one of the finest in the world too. So, make sure you book early, as it can sometimes be 3 months before you can get a table on a Saturday evening. However, if you can't wait that long, Simon also has a brasserie style restaurant – Rogan & Co, in Cartmel too, which follows the same ethos on quality and service that Simon insists on, but offers a more relaxed dining experience.

OTHER NOTABLE VENUES, WITH EXCELLENT REPUTATIONS FOR THEIR FOOD, DESTINATION AND HERITAGE INCLUDE:-

Heft Inn and Restaurant at Newton, near Grange-over-Sands, is operated by renowned chef Kevin Tickle, alongside Nicola Tickle and is acknowledged as one of the best Michelin Guide restaurants in Cumbria.

The Sun Terrace Restaurant & Rotunda Bar at The Midland, Morecambe (Famous Art Deco Hotel of the 1930's, with local delicacies and amazing views), Aspect Bar Morecambe, or the Brief Encounter Refreshment Room, Carnforth Station (for a step back in time and home of the set of the David Lean Classic).

Levens Kitchen is a fantastic multi-purpose dining and event space serving a seasonally inspired menu. It has won a number of major awards. Locally sourced, high-quality produce,

including products grown on the Estate and in the gardens of Levens Hall, feature prominently on the menu.

The Old Sawmill Café is situated in the picturesque village of Clapham, in the heart of the Yorkshire Dales National Park. The heritage & history of this listed building has been beautifully preserved, providing a fascinating backdrop for visitors to immerse themselves in whilst enjoying use of the café. Expect great coffee, delicious tray bakes, and an ever changing breakfast and lunch menu using a range of seasonal, fresh & local food.

If you are looking for the best in local produce, a great choice are Morecambe Bay Shrimps. Baxters in Flookburgh are proud to have been awarded the prestigious 'Royal Warrant' to supply the Royal family, or head down to Morecambe to the long established Edmondsons and The Shrimp Shop. For smoked fish, choices include Lancaster Smokehouse at Glasson Dock, Shoreway Fisheries in Garstang and the Lake District Lobster & Seafood Co in Ulverston.

For pies, fresh meat, game and sausages visit the award-winning Higginson's Butchers of Grange-over-Sands, The Countrystyle Meats Farm Shop at Lancaster Leisure Park, or the award-winning butchery at Country Harvest at Ingleton, run by former Young Butcher of the Year George Taylor and finally the Butchers and Farm Shop at Greenlands Farm near Carnforth, selling all locally-sourced meats.

Homemade bread can be purchased at Hazelmere Café in Grange-Over-Sands, Grange Bakery, or the Bread Shed Bakery in Cartmel, as well as The Wolfhouse Cafe in Silverdale, the Bakery at Country Harvest in Ingleton and Lone Wolf Bakery Lancaster. And, if you want

to make your own bread, buy stoneground flour from Heron Corn Mill at Beetham.

Local delicacies like Cartmel Sticky Toffee Pudding can be found at their main home in Cartmel, or at places like Sizergh Farm Barn, Holker Food Hall and Booth's Supermarkets, as well as at many local pubs, cafes and restaurants.

Don't forget about Lancashire Hot Pot, or locally bred Salt Marsh Lamb, available on menus at eateries across the region including Archers at Red Bank Farm, Hest Bank. Any trip to Morecambe Bay would not be complete without a visit to one of the many excellent fish and chip shops in Bolton-le-Sands, Lancaster, Morecambe, Fleetwood, Arnside, Ulverston and Barrow-in-Furness.

For the cheese lover, pay a visit to Dewlay Cheesemakers of Garstang (who have a shop on site), or Cartmel Cheeses in Cartmel. There are many other independent delicatessens selling great cheese from other local producers for you to enjoy too.

And, who could resist some homemade ice cream? Well you won't be disappointed, as this region has a great many local ice cream producers, but you could try Holme Farm Ice Cream at Grange-Over-Sands, Brucciani's in Morecambe (where you can enjoy your gelato in an authentic Art Deco café), as well as Miogelato opposite the clocktower in Morecambe and Lewis's Ice Cream & Coffee Shop, where you can enjoy a truly authentic ice cream beside the seaside! In nearby Lancaster you should try award-winning Leonardini Gelato, with some spectacular flavours, freshly made every day. If you prefer a coffee instead why not try one of the specially brewed coffees from J. Atkinson & Co.

BROWSING A FARMERS' MARKET ALSO MAKES FOR A GREAT HOLIDAY EXPERIENCE. HERE IS A LIST OF FARMERS' MARKETS AND FOOD FESTIVALS AROUND THE BAY:

- Ulverston Farmers' Market, monthly - 3rd Saturday
- Cartmel Food Market, monthly - 3rd Friday
- Milnthorpe Farmers' Market, monthly - 2nd Friday
- Poulton-le-Fylde Farmers' Market, monthly - 4th Saturday
- Lancaster Charter Market, weekly - Wednesday & Saturday
- Lancaster Seasonal Food Futures Markets - every 3 months
- Carnforth Farmers' Market, weekly - Wednesday
- Kendal Farmers' Market, monthly - last Friday
- Lyth Valley Damson Day, annually - April
- Lancaster Beer Festival, annually
- Lancaster Food and Drink Festival, annually
- Kirkby Lonsdale Beer Festival, annually

JUST SOME OF THE DELIGHTS FOR YOU TO TASTE ON A TRIP AROUND MORECAMBE BAY:

- Shellfish, particularly cockles, mussels and brown shrimps
- Fish, seabass, flukes and salmon • Saltmarsh Lamb
- Heritage Beef • Apples and pears • Damsons and sloes
- Local cheeses and ice creams



SOME SUGGESTIONS OF PLACES A LITTLE BIT SPECIAL:

- Base, Ford Park, Ulverston
- Bakehouse Born & Bred, Greenodd
- L'Enclume and Rogan & Co, Cartmel
- Clare House, Grange over Sands
- Heft Inn and Restaurant Newton, Grange-over-Sands
- Holker Hall food hall and cafe, Cark
- Sizergh farm shop and café, Sizergh
- Kittridding Farm Shop, Nr Kirkby Lonsdale
- Greenlands Farm Shop, Kitchen & Bistro near Carnforth
- Archers café & farm shop at Red Bank Farm, Bolton le Sands
- The Restaurant at Bay View Garden Centre, Bolton le Sands
- The Countrystyle Kitchen - Farmshop, Restaurant and Ice Cream Parlour at the Lancaster Leisure Park
- Country Harvest - A65 Ingleton
- Atkinson's at Lancaster Castle
- Old Sawmill Café, at Ingleborough Cave
- Light Ash Farm Cafe, Bilsborrow



Why not complement all this delicious local produce with some locally produced ales? Around Morecambe Bay there are lots of breweries where you can try the beer on site, including: Little Bare Micro Pub in Princes Crescent, The Crossing Micro-pub at Hest Bank, Taps on the Green at Carnforth, Farm Yard Ales at Cockerham, created by local farmer Steven who followed his passion, whilst also creating a sustainable business for himself and future generations, all the while being based on the family farm. Lancaster Brewery, Lancaster, Unsworth's Yard Brewery, Cartmel, Foxfield Brewery at Prince of Wales Pub at Foxfield, Greenodd Brewery at The Ship Inn at Greenodd and the Old School Brewery at Warton, amongst many others.

There are also a great many more local micro-breweries, who sell their beers through the many local pubs around the Bay. Look out for Hardknott Brewery and Beckstones Brewery, both from Millom, Abraham Thompson from Barrow-in-Furness, Old Stringers and Ulverston Brewing Company from Ulverston, Fell Brewery from Flookburgh and The Porterage Co at Greenodd. If gin is your tippie, then don't miss out on Shed 1 Gin distillery in Ulverston or for some damson Gin at the HOT Wines Shop in Cartmel.

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MAY 23RD & 24TH Lancaster Festa Italia *	SEPTEMBER 9TH - 13TH Lancaster Jazz Festival *	DECEMBER 3RD - 12TH King Street Arts Fair *
JUNE 12TH Lancaster Day	SEPTEMBER 7TH - 13TH Love Lancaster Food and Drink Week	DECEMBER 6TH, 13TH, 17TH Santa's Grotto on a Bus
JUNE 12TH - 14TH Wild Roots Nature Festival *	OCTOBER 8TH - 11TH Lancaster Music Festival *	DECEMBER 6TH Victorian Christmas
JUNE 14TH Lancaster Pride *	OCTOBER 19TH - 31ST Halloween Trail	DECEMBER 13TH Winter Wonderland
JUNE 29TH - JULY 19TH Dino Trail	NOVEMBER 5TH - 7TH Light Up Lancaster *	DECEMBER 17TH Lancaster's Big Thursday
JULY 3RD & 4TH Indie Weekend	NOVEMBER 20TH - JANUARY 3RD Lancaster On Ice *	

* BID Supported Event. All BID Supported events are either supported with a monetary contribution or marketing contribution or both. All dates are currently provisional and correct at time of print.

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Local Charm



River Lune, Kirkby Lonsdale

SILVERDALE & ARNSIDE

Considered an internationally important wildlife area, Silverdale & Arnside offer some truly stunning views. From the historical site of The Pepperpot, to the vistas seen from Jack Scout and the tidal phenomenon of the Arnside Bore, nature reserves its best for this protected area. Furthermore, the promenade is home to an extensive selection of shops offering quirky and unique gifts and art pieces. While walking along, take in the stunning landscape before you.

KIRKBY LONSDALE

Kirkby Lonsdale is an enchanting historic market town with charming 18th century buildings and stone cottages huddled around cobbled courtyards and narrow alleyways. The town's fine architecture blends in beautifully with the picturesque landscape. Despite its quaint appearance, the town is a hive of activity, hosting a great calendar of local events, a weekly market held on Thursdays and a monthly farmers' market offering delicious locally-grown and sourced produce. Traditional bakers and coffee shops sit alongside designer jewellery, fashion and home décor retailers; award-winning bars and restaurants intertwined with tempting delis – all within the breath-taking landscape of the Lune Valley.

Nearby are the picturesque villages of Casterton, Barbon and Ingleton which has connections with Arthur Conan Doyle's fictional character Sherlock Holmes.

GARSTANG

Garstang has maintained its natural charm by supporting its contemporary independent retailers.

The market dates back to the early 1300's and the days of Edward II and the Market Cross at the top of the high street, one of the most familiar landmarks in the area.

Combining its distinct character, historic location and traditional roads that veer off the high street, your shopping experience in Garstang will be varied and unique.

The traditional weekly outdoor market is held every Thursday. This popular market stretches the length of the high street offering a variety of stalls with everything you need from children's clothes to plants and household goods.



GRANGE-OVER-SANDS

Grange-over-Sands is a peaceful seaside retreat with an Edwardian feel, located between the mountains and the coast of the Southern face of the Cartmel peninsula. With the estuary, nearby countryside, nature reserves and ornamental gardens, it's the ideal location for nature enthusiasts and offers stunning walks and views looking out across the bay. A trip through the centre offers lots of delightful shops to browse, from trendy outfitters to butchers offering bespoke artisan produce. There are some excellent restaurants and cafes to enjoy, including Clare House whose menus have been inspired by the area's fresh, local and seasonal produce.

ULVERSTON

With independent shops, traditional markets, beautiful walks, welcoming cafes & pubs and unique attractions Ulverston has much to offer. The events capital of Furness hosts a series of specialist events throughout the year, where visitors can also sample the town's cosy pubs, traditional markets and cultural hotspots. Look out for the colourfully rendered houses, cobbled streets and quirky alleyways Birthplace of Stan Laurel, Ulverston is home to The Laurel and Hardy Museum located in the delightful 1930s Roxy Cinema. Don't miss the Laurel and Hardy Statue outside Coronation Hall which Stan and Ollie visited in 1947.

CARTMEL

The Medieval village of Cartmel has an extremely rich heritage; ancient streets wind their way out of the square waiting to be explored, emanating from the 12th century priory itself at the heart of the village. Steeped in history and tradition, this beautiful location showcases the best of what Cumbria has to offer, alongside giving a true taste of English village life. Browsers will delight in finding all kinds of Lakeland products - from gifts and clothing to fine art and antiques.

Unsworth Yard can be found near the centre, with a brewery, artisan shops that include, Cartmel Cheeses, the Drinkshop & Wine Snug and The Mallard Tea Rooms. There are several unusual gift shops in Cartmel, each selling their own blend of unique gifts and on the 3rd Friday of every month the village hosts an excellent food market, where you'll no doubt find their famous Sticky Toffee Pudding – a purchase you should certainly make if you choose to visit this wonderful place. Cartmel is also home to the 3 Michelin star L'Enclume Restaurant, owned by renowned chef Simon Rogan.

THE VILLAGES OF WYRE

Take a trip to one of these many beautiful villages scattered around the River Wyre, connected by a historical network of rural country lanes – the ideal location to escape city life and unwind. Enjoy browsing the unique shops in Hambleton, enjoy a delicious afternoon tea in one of Scorton's quirky cafes or try out the freshest local produce available at the regular farmers markets in Great Eccleston and Poulton-le-Fylde.

Have afternoon tea in one of the cafes in Scorton, picnic on Harris End Fell and enjoy some of the most spectacular views in the country, amble round the charming Over Wyre villages or buy fresh local produce at the regular markets in Great Eccleston and Poulton-le-Fylde.

Join the River Wyre as it passes through pretty St. Michaels on Wyre and visit Over Wyre, a large expanse of land between the river and Morecambe Bay where you will find more lovely villages such as Out Rawcliffe, Hambleton, Stalmine and Preesall; and also the stunning village of Pilling.

Churchtown is one of the oldest villages in Wyre. It has a cobbled square and market cross leading to the church of St. Helen, which is known as the Cathedral of the Fylde.

The Wyre Countryside Service leads regular Heritage Trails around Wyre.

Visit in summer, with bees and butterflies, lilac scented gardens and lakes scintillating in the sunshine. Winter offers white clad landscapes and crisp, fresh mornings and of course spring is perfect for seeing the lambs and the swathes of spring flowers as the landscape burst into life once again.

INGLETON & DISTRICT

The picturesque village of Ingleton in North Yorkshire has always punched above its weight when it comes to attracting tourists. At the base of Ingleborough is one of the Yorkshire Three Peaks, its Waterfalls Trail and White Scar Caves bring in thousands of visitors a year. Groups can hire Ingleton's outdoor swimming pool – once named one of the best lidos in the UK offering a great place to enjoy the summer sun. With lots of caravan parks nearby, walking and cycling in the beautiful countryside is a huge attraction with options for canyoning, caving and ghyll scrambling.

In the village is Ingleton Pottery - the oldest established working pottery in the Yorkshire Dales. Themed festivals throughout the year include folk music, a popular 1940's weekend and food events at Country Harvest.

Ingleborough Cave is a must-see destination on a visit to Ingleton and the surrounding area. Set in the heart of the Yorkshire Dales National Park, Ingleborough Cave was first discovered in 1837 by brave Victorian explorers who drained away a lake and went on to discover 1/2km of previously unexplored passages delving deep beneath Ingleborough mountain with only candles to guide them! Today, the cave is well lit, and you can follow in the footsteps of those pioneers on an awe-inspiring voyage of discovery!

The area's hidden literary history is another lure. It's suggested that Sir Arthur Conan Doyle may have got the inspiration and name for his famous detective Sherlock Holmes from the then vicar of Ingleton, a certain Rev Sherlock. It's not the only literary connection – in nearby Cowan Bridge Charlotte Bronte was educated at the school and it's said she used her painful experiences as the inspiration for her famous novel Jane Eyre. You can also visit Tunstall Church and climb up to the first floor where Charlotte whiled away (unhappily) many a Sunday afternoon.



Cartmel



Plover Scar Lighthouse

PHOTO BY ROBIN ZAHLER



River Wyre



Grange-Over-Sands

High Street Affair



Marketgate, Lancaster

LANCASTER

The stunning historic city of Lancaster boasts over one hundred independent retailers, two superb shopping centres and a street market which received its Royal Charter in 1193! Lancaster has a rich combination of high street multiples such as T.G.Jones and TK Maxx and a quirky independent shops in quaint squares and olde worlde passageways. Marketgate Shopping Centre is a vibrant undercover retail centre in the heart of Lancaster's historic, pedestrianised city centre. The 30,000 sq ft Primark store offers the very latest in fashion for all the family, along with homeware and gifts. Other national stores include the wonderful M&S, Mountain Warehouse, Savers, The Works and Waterstones. Caffe Nero offers premium award winning Italian coffee, a warm and welcoming atmosphere, good food and great personal service. Alongside these great brands are independent retailers. Expressions jewellery and giftware, Rachel Anne Hair and Beauty and Gregory Williams butchers. Marketgate Shopping Centre is accessible to all, with a 127 space secure, short-stay shoppers' car & motorcycle parking. The centre takes pride in its 'Platinum' award winning toilets and parent room.

In the ever popular St Nic's Arcade Shopping Centre you will find well known names such as, Superdrug, Rymans, Iceland, Boots and Next and the newly opened Sports Direct.

Vincenzo's Coffee House and Costa Coffee are great places for a coffee stop or lunch. The 300 space short stay accessible car park has been awarded the "Park Mark" Safer Parking Award.

A Lancaster shopping experience wouldn't be complete without a visit to the historic outdoor Lancaster Charter Market which is held on Wednesday and Saturdays throughout the year. Enjoy the hustle and bustle of a traditional market and the aromas of freshly cooked food as you meander through a variety of stalls selling a wide selection of items.



MORECAMBE

Whether you fancy a trip into Morecambe town centre, a shopping day down the promenade's independent stores, a pop into the Arndale Morecambe Bay Shopping Centre or a visit to Morecambe's Festival Indoor Market, there are plenty of shops across Morecambe to visit. Enjoy visiting independent retailers along the promenade selling locally made ice cream, hand crafted pottery, and much more! Why not make a day of it? There are many cafés, coffee shops and bars all around Morecambe to rest after you've shopped until you've dropped! Put your feet up while enjoying Morecambe Bay's famous potted shrimps; a delicacy not to be missed! Pop along to Princes Crescent in Bare and the village of Torrisholme where you find a quaint selection of shops or head up to Heysham Village. You will be spoilt for choice.

KENDAL

Kendal is a picturesque and historic Lakeland market town with a wonderful reputation for shopping. Here you will find the finest in retail luxury, combined with some of the best locally produced gift items and homeware. At the very heart of Kendal is the only covered shopping centre in the South Lakes – Westmorland Shopping Centre. Notably, Kendal also offers three further fabulous unique shopping areas; Elephant Yard, Wainwrights Yard, Blackhall Yard, all offering everything from fashion to footwear and from beauty to jewellery and so much more.

BARROW, ULVERSTON & FURNESS

Barrow is the perfect Cumbrian destination for shops, manufacturers and trade suppliers all in one fantastic location. Together with the market towns of Ulverston and Dalton the area offers a superb range of specialised shops offering famous brands. Barrow town centre area is home to high street names and complementing these are a myriad of local independent specialist shops to stop by and pick up a unique treat or two. Explore Cavendish Street and Scott Street for those exclusive designer labels a special gift or must have fashion item. Surrounding the town centre are a variety of retail parks, giving the shoppers a truly upmarket shopping experience, with all the brand names you could expect to see in many of the larger cities. Just outside Barrow is the medieval market town of Dalton-in-Furness, a designated conservation area, boasting a wide variety of independent specialist shops. Ulverston features a vibrant mix of independent gift shops, boutiques, food/drink specialists, antique stores, and a bustling indoor Market Hall, alongside supermarkets like Booths. Known for its quaint streets, it offers unique craft, clothing, bookshops, and specialized retailers like Cumbria Crystal.

GARSTANG

Garstang is a market town steeped in history and perfect for relaxed shopping trips, lazy picnics, teashop treats and traditional pub lunches.

The historic narrow alleyways and picturesque High Street, provide an interesting and unexpected selection of eclectic local shops, restaurants and cafes.

THORNTON-CLEVELEYS

Cleveleys has a very busy shopping centre with bustling markets, exclusive shops and plenty of fun. Centred around Victoria Road West, shoppers will be kept busy in Cleveleys with market stalls and street stores stretching the length of the town. At nearby Thornton you will find a historic windmill at Marsh Mill-in-Wyre, which has been restored to its former glory. Visitors can take a guided tour to the top of the mill, or browse around the speciality shops in the surrounding village. With plenty of bargains there is something to suit all tastes and pockets.

FLEETWOOD

Fleetwood is a lovely relaxing place to shop, with a bounty of quality retail.

The two main streets of Lord Street and Dock Street are conveniently close to each other, to make it a really attractive stroll through the variety of unique independent retailers and high street names. The trams, should you choose to take a ride on one, provide a nostalgic treat to this retail experience. Renowned throughout the UK, the traditional Fleetwood Market is a must with over 150 indoor and outdoor stalls. It's a true shopper's paradise and you'll find a lovely mix of stalls including food, clothing and household goods – all at great prices!

And last, but certainly not least, for great value and discount prices, look no further than Affinity Lancashire Outlet Shopping, where you will find 40 famous name stores, including all our favourite brands, Next Outlet, Sports Direct, The Bodyshop, Hallmark and The Fragrance Shop – there's even a Cadbury Outlet shop! So, if you're always on the look-out for a bargain, this is the place to visit with over 60% off every day! Beautifully located on a tranquil marina, Affinity Outlet Lancashire also makes for a fantastic, dog-friendly family day out with great places to eat & drink and a huge free event offering too.



**LANCASTER +
MORECAMBE BAY**

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LOVE LANCASTER



Just a short drive from Morecambe Bay you'll **Discover Wyre** - a place with fabulous views, wonderful walks, mouth-watering local food and quality accommodation. The home of picturesque towns including Fleetwood, Garstang, Poulton-le-Fylde and Thornton Cleveleys, as well as many rural villages.

On one side you'll find stunning award-winning beaches with unspoilt coastlines, and on the other unforgettable landscapes in the Forest of Bowland National Landscape. As well as over 16km of beautiful coastline to explore, Wyre is also home to some of the most beautiful countryside in Lancashire. Our great outdoors is perfect for spending time with the family, walking, cycling, discovering nature and taking in spectacular views.

Our towns and villages

Wyre is home to four charming town centres ranging from seaside towns boasting rich maritime history to market towns full of character. The diversity of our high streets mean that there's something for everyone, from vibrant nightlife to deep routed heritage, family fun, popular shopping destinations, the best places to eat and drink and a calendar of year round events to enjoy, all a stone's throw from beautiful beaches and rolling countryside.

Wyre is home to some of the most charming, picturesque villages in Lancashire. With quaint pubs, idyllic cottages, and fantastic country walks, they offer the perfect backdrop for a relaxing rural escape. Have afternoon tea in one of the cafes in Scorton, picnic on Harris End Fell and enjoy some of the most spectacular views in the country. Amble round the charming Over Wyre villages or buy fresh local produce at the regular markets in Great Eccleston and Poulton-le-Fylde.

Where is Wyre?

Wyre neighbours one of Lancashire's most popular tourist destinations, Blackpool. Further down the road you'll find the seaside town Lytham St Annes and on the other side of Wyre you can discover the Forest of Bowland National Landscape, the city of Lancaster and the iconic Morecambe Bay.



Stay up to date on upcoming events and things to do in Wyre

To find out more about Wyre and see our full calendar of events, visit our website and follow us on Facebook and Instagram.

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